

## BYLAWS/CROSS COUNTRY

- 2.1 Cross Country will be a fall sport
- 2.2 There will be a schedule of one center meet, dual meets, and a league tournament
  - A) These center meets will be scored with one (1) point given for each team that finishes below a team.
- 2.3 The maximum number of dual and invitational meets shall be fifteen.
- 2.4 The League qualifying meet shall be held the week before the Sac-Joaquin Section meet and two (2) points will be awarded for each team finishing below a team.

### GAME ADMINISTRATION

- 2.5 There will be two divisions: varsity and fr/soph. If Fr/Soph competition is offered in cross-country it will be offered to both boys and girls.
- 2.6 The distance for the boys' varsity shall be three miles and not less than 2.7 miles. For all other divisions it shall be two miles and not less than 1.7 miles.
- 2.7 League Center meets shall begin at 3:30. Meets at Rockville Hills will begin no later than 1:30.
- 2.8 Seven members shall constitute a team in a league meet. Only the top five finishers shall count in a team score.
  - 2.8-1 Once Fr/Soph are moved to varsity and compete in a league meet they may not be moved back to Fr/Soph in league meets.
  - 2.8-2 Fr/Soph may move down from varsity at the league meet to qualify for the Sac-Joaquin Section Playoffs.
- 2.9 A pennant will be awarded to the winning varsity dual meet champion.
- 2.10 All-league patches will be awarded to the top eight (8) finishers in the League meet.
- 2.11 Eleventh and twelfth graders will qualify for the Sub-Section meet at the League qualifying meet.
- 2.12 All of the above rules shall apply to boys and girls.
- 2.13 The duties and responsibilities of running the league meet will be rotated from school to school.