

BYLAWS/WRESTLING

- 5.1 There will be no organized practice prior to the Section starting date.
- 5.2 Wrestling matches may begin two weeks after the Section starting date.
- 5.3 League matches will be held on Wednesday nights.
- 5.4 J.V. matches will begin at 6:00 with varsity to follow.
- 5.5 The host school shall provide certified officials.
- 5.6 Uniforms and equipment shall follow the directions of the Sac-Joaquin Section.
- 5.7 The weight control rule will follow the directions of the Sac-Joaquin Section.
- 5.8 Varsity wrestlers represent the number-one wrestler of that school.
- 5.9 No wrestler shall wrestle varsity and JV against another team on the same day.
- 5.10 Weigh-in for a match shall be held a minimum of sixty (60) minutes before the first match of the day.
 - 5.10-1 All wrestlers shall weigh in at the host school in the presence of the coaches from each school.
 - 5.10-2 Scales will be available to both teams prior to the official weigh-in.
 - 5.10-3 Weight classes shall follow the directions of the Sac-Joaquin Section.
 - 5.10-4 All scales must be certified.
- 5.11 Freshmen shall be eligible for varsity competition.
- 5.12 The league championship will be determined by a combination of dual meet wins and the league post-season meet.
 - 5.12-1 One point will be awarded for each dual meet win. A maximum of 5 points may be earned.
 - 5.12-2 One point will be awarded for each team a school finishes above in the league meet. A maximum of 5 points may be earned.
- 5.13 LEAGUE TOURNAMENTS
 - 5.13-1 A novice tournament is to be held on Wednesday prior to Thanksgiving. There will be no assigned officials.
 - 5.13-2 A League tournament is to be held the week following the section team tournament.
 - 5.13-3 J.V. championships will be held in conjunction to the league championships. Any J.V. not involved in the varsity championship may participate.
- 5.14 Wrestling coaches shall draw weight classes for league dual meets prior to the first match.