CIF SAC-JOAQUIN SECTION



COMMISSIONER MICHAEL S. GARRISON CIF Sac-Joaquin Section P.O. Box 289 Lodi, CA 95241 (209) 334-5900 FAX: (209) 334-0300 www.cifsjs.org

#### BACKUP MATERIAL BOARD OF MANAGERS MEETING October 4, 2017 The Reserve at Spanos Park, Stockton (9:00 am – 12:00 pm / 8:30 am Coffee & Donuts)

#### III. CONSENT CALENDAR

The following items are considered for your approval. If requested, any of the following items may be removed and placed on the regular agenda.

#### a. Sac-Joaquin Section Items

- 1. Approval of Minutes of April 5, 2017 Board of Managers Meeting (Pages 1-8)
- 2. Request from Vallejo Unified School District for the release of Jesse Bethel HS and Vallejo HS from the SJS. (Page 9)
- 3. Request for Associate Membership by Edge Christian Academy (Page 10)
- b. State CIF Items

None

#### IV. MANAGEMENT SERVICES

# B. <u>OLD BUSINESS</u> (Action "Voting" Items)

These are action items presented for approval by the SJS Board of Managers.

- 1. Sac-Joaquin Section Items
  - a. Appointment of Large AD Board Representative NO BACKUP MATERIAL

The Executive Committee is recommending the appointment of Dave Walls, AD-Pitman High School as the SJS Large School AD Rep. to the Board of Managers for the 2017-18 school year, to fill the vacancy of Lori Ann Donnell.

#### b. Proposal from PVL and CVCL to Change the Soccer Season of Sport – NO BACKUP MAT.

The Pioneer Valley League and Central Valley California League are recommending that the sport of soccer be moved to reflect boy's soccer in the fall and girl's soccer in the spring.

#### 2. State CIF Items

#### a. Proposed Revision to Bylaw 2006.B - Football Tie Breaker

This proposed bylaw revision would delete from the Constitution and Bylaws the mandated 10-yard tiebreaker in Regional and State Football Bowl Games. Tie Breaker language is more appropriately placed in the blue pages. Additionally, it is anticipated that the Football Advisory Committee will be recommending to management to move to the 25-yard tiebreaker. (Page 11)

#### b. Proposed Revision to Bylaw 207.B.(5) - Sit Out Period

This proposed bylaw would revise the language regarding the Sit Out Period (SOP). The changes would be implemented during the 2018-19 school year, in conjunction with the calendar changes. (Pages 12-13)

#### c. Hurricane Harvey - Bylaw 1108 Delegated Powers

As per Bylaw 1108, State Executive Director took action regarding eligibility on students and families impacted by Hurricane Harvey and relocating to CIF member schools (action is subject to the approval of the State Federated Council). (Pages 14-16)

# C. <u>NEW BUSINESS</u> (Non- voting Items)

These are first reading items presented for the purposes of information/discussion. No action is anticipated, however a member can revise the agenda in order to act on any of section related items. State items will be first reads at the Federated Council meeting on January 27, 2017.

# 1. Sac-Joaquin Section Items

- a. Proposed CIFSJS Bylaw 503.8 Administrative Supervision (Playoffs)
  - This proposal is being brought back with modifications to penalties as requested by the Board of Managers. The proposed bylaw would require all schools participating in Section playoffs to have an administrative presence/representative at specific Section playoff events. (Pages 17-18)

# b. Proposed Revision to Bylaw 3203.8.a – Playoffs: Team Wrestling (Duals)

This proposal would change the structure of the SJS wrestling team duals from a league-based system to an enrollment-based system, bringing our wrestling team duals in line with the majority of team playoffs in the Sac-Joaquin Section. Implementation would be immediate (effective winter 2017-18). (Pages 19-20)

# c. Proposed Revision to Bylaw 2800.5.a.3 – Playoffs: Coed Team Tennis

This proposal would change the structure of the SJS coed tennis playoffs from a league-based system to an enrollment-based system, bringing our coed team tennis in line with the majority of team playoffs in the Sac-Joaquin Section. Implementation would be immediate (effective spring 2017-18). (Page 21)

# d. Proposed Revision to Bylaw 2700.11.d - Awards: Swimming & Diving

This proposal would restructure the SJS swimming and diving championships from one division to three (3) divisions resulting in Division I, Divisions II, Division III Section Championships for varsity boys and varsity girls. (Page 22)

# e. Proposed Elimination of Sac-Joaquin Section Bylaw 206.2

At the April 7, 2017 State Federated Council meeting, CIF Bylaw 530.B.(1) – Uniform Administrative Oversight Penalty, was approved/passed. The passage of this bylaw results in the current Sac-Joaquin Section Bylaw (206.2) being less restrictive than the newly adopted state bylaw, which takes us out of compliance with CIF governance, thus we must omit our bylaw. (Pages 23-24)

# f. Election of Small, Medium & Large School Athletic Director Representatives - NO BACKUP

As per Article 3, Section 3.2.a, athletic director representatives shall be elected to two-year terms and shall be elected at the spring meeting of the Board of Managers. All three representative positions are open, as all three have termed out. Deadline for nominations is Monday, February 5, 2018. The positions are open as follows, as per the 2018-2022 alignment of school:

- ✓ Large School AD Rep. Divisions I & II Schools
- ✓ Medium School AD Rep. Divisions III & IV Schools
- ✓ Small School AD Rep. Divisions V, VI & VII School

# 2. State CIF Items

a. Proposed Bylaw 207 Revisions – Transfer Eligibility, International Students

The Commissioner's Committee is proposing a revision in Bylaw 207 that would further clarify the athletic eligibility of International students who transfer without a valid change of residence. (Pages 25-37)

# b. Proposed Elimination of Bylaw 1605, Basketball Coaching Box

The Editorial Committee and Commissioners Committee are proposing the elimination of Bylaw 1605 as the rule is enforced by Bylaw 1201 and the NFHS Basketball Rule Book. (Pages 38-39)

# c. Bylaw 103 – Weighted Voting (Information Only)

The Associate Executive Director will review the 2017-18 Section weighted voting as per bylaw 103. (Pages 40-41)

Do's & Don'ts - Board Meetings & Technology (Page 42)

#### **ARTICLES OF INTEREST**

- CIF Press Release: CA High School Sports Participation at All-Time High for Fifth Consecutive Year
   NFHS News Release: High School Sports Participation Increases for 28<sup>th</sup> Consecutive Year...
- 3. Article: Safety Review Marks Beginning of Football Practice
- 4. NFHS News Release: NFHS Response to Kory Stringer Institute Ranking High School Associations...
- 5. CIF Press Release: CIF Response to Kory Stringer Institute 2017 Sports Safety Policy Rankings...



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#### BOARD OF MANAGERS MEETING MINUTES – April 5, 2017 The Reserve at Spanos Park, Stockton

#### I. OPENING BUSINESS

a. Call to Order

President Alan Peterson called the meeting to order at 10:00 a.m.

- b. Flag Salute
  - Salute was conducted by John Becker.
- c. Roll Call and Introductions

#### **Board Representatives**

Boura Roprocontaireo	And the second s	
Capital Athletic League (2)	Monticello Empire League (2)	Sierra Valley Conference (2)
John O'Connor, Christian Brothers	Mike Pearson, Vintage	Joe Saramago, Liberty Ranch
Capital Valley Conference (2)	Mother Lode League (2)	Solano County Athletic Conference (2)
Jason Feurbach, Whitney	Mike Koepp, Calavaras	Linda Kingston, Bethel
Central California Athletic Alliance (2)	Mountain Valley League (2)	Southern Athletic League (2)
John Dibble, Sierra Ridge/ROP	Mike Merritt, Ben Holt Academy	Darrin Allen, Denair
Central California Conference (2)	Northern Pacific Athletic Conference (2)	Trans Valley League (2)
Kevin Swartwood, Golden Valley	Tracy McLaughlin	Debra Davis, Hughson
Central Valley California League (2)	Pioneer Valley League (2)	Tri-City Athletic League (2)
John Huffman, Victory Christian	Justin Heimann, Colfax	Bob Lofsted, Lodi
Delta League (2)	Sacramento Metropolitan Athletic League (2)	Tri-County Conference (2)
Paula Duncan, Sheldon	Brad Gunter, Jr., Valley Christian	Mike Morris, Rio Linda
Golden Empire League (2)	San Joaquin Athletic Association (2)	Valley Oak League (2)
Gary Cena, Marysville	Brian Biedermann, Edison (ABSENT)	Frank Gonzales, Manteca
	Brett Tolivar, Edison (PROXY)	
Metropolitan Conference (2)	Sierra Delta League (2)	Western Athletic Conference (2
Peter Lambert, McClatchy	Janice Beyer, Bradshaw Christian (ABSENT)	Charlie Pikas, Pacheco
	Mike Haines, Bradshaw Christian (PROXY)	
Modesto Metropolitan Conference (2)	Sierra Foothill League (2)	
Jason Manning, Modesto	Howard Cadenhead, Folsom	
ATHLETIC DIRECTOR REPRESENTATIVES	SCHOOL BOARD REPRESENTATIVE (1)	SCHOOL SUPT. REPRESENTATIVE (1)
Small School: Mark Lourerio, Escalon (1)	Camille Maben, Rocklin U.S.D.	George Sziraki, Placer Union H.S.D.
Medium School: Donna Tofft, Lincoln (1)		-
Large School: Lori Ann Donnell, Woodcreek (1)		

#### NON-VOTING ATTENDEES

President: Alan Peterson, Merced	Jim Waldman, CAL Commissioner	Randy Snider, SJAA Commissioner
President Elect: John Becker, Antelope	Al Hooker, CVC Commissioner	Mike Haines, SDL Commissioner
Director of Communications: Will DeBoard	David Voortman, CCAA Commissioner	Steve Thornton, SFL Commissioner
Past President: Peter Efsfathiu, Placer	Vince Clemons, CCC Commissioner	John Williams, SVC Commissioner
Rep to Federated Council: Sara Wetteland, Antelope	Ron Nocetti, DELTA Commissioner (ABSENT)	Jeff Buchanan, SCAC Commissioner
SJADA Rep.: Erin Aiken, Lodi	Mike Haines, GEL Commissioner	Frank Ferreira, SAL Commissioner
Commissioner: Mike Garrison	Jim Smreker, METRO Commissioner	Steve Lopez, TCAL Commissioner
Assistant Commissioner: Ryan Tos	Ed Felt, MMC Commissioner	Tom Henderson, TCC Commissioner
Director of Communications: Will DeBoard	Joan Mumaugh, MEL Commissioner	Norm Antinetti, VOL Commissioner
Finance/HR Manager: Niki Cunningham	Rich Cathcart, MLL Commissioner	Kerry McWilliams, WAC Commissioner
Assistant to the Commissioner: Karen Johnson	Mike Merritt, MVL Commissioner	Jim Jorgenson, North Assignor
Administrative Assistant: Heidi Rennison	Mike Wells, NPAC Commissioner (ABSENT)	Monty Muller, North Assignor

Bill Flake, PVL Commissioner	Mike Miklaus, South Assignor
Brad Gunter, SMAL Commissioner	Brian Moore, South Assignor

#### GUESTS

Mark Harmon - NCOA Referee, Debbie Jones - Colfax HS Parent, David Ray - Colfax HS Coach, Kara Diederichs - Colfax HS Coach, Dan Buxton - Bear River HS Coach, Joseph Breault - Nevada Union HS Coach, Steve Caminiti - Placer HS Principal, Dale Sloss - Del Oro HS Parent, Paul Rose - Jesuit HS Coach, Tiffany MacLaughlin - Jesuit HS Parent, Ashley Yudin - Davis Sr. HS Ex Coach, Greg Pearce - Modesto Christian HS Athletic Director, Evan Ream - Davis Enterprise, Rick Spears - Realignment Committee Chair, Michael Rodrigues - Executive Secretary, NCOA South, Derek Swafford - Rex & Margaret Fortune Early High School Athletic Director. and Eric Vereyken - Colfax HS Parent.

- Adopt Agenda
   The agenda was adopted and presented.
   Motion to adopt agenda.
   Motion: Kevin Swartwood; Seconded: Mike Pearson; PASSED UNANIMOUSLY 57-0.
- e. Public Communication
  - 1. General Public
    - a. Tiffany MacLaughlin, Eric Vereyken, Dale Sloss, Debbie Jones (parents) Paul Rose, Kara Diederichs, Joseph Breault, and Dan Buxton (coaches) spoke about their opposition to winter soccer: 1) academic hardship, 2) safety, 3) not enough referees.
  - 2. Leagues None
  - 3. Schools/Other Organization

Mark Harmon, NCOA Basketball Representative spoke of the importance to having three-man officiating crews for all Sac-Joaquin Section games and not just playoff games.

f. Identify Closed Session Items President Alan Peterson announced that there would be a closed session on Conference with Labor Negotiator.

# II. COMMUNICATIONS

a. President

Alan Peterson informed the Board that he received a formal notice from Napa Unified and Benicia High School to move to the North Coast Section.

- b. Commissioner
- None

#### III. CONSENT CALENDAR

The Board of Managers approved the following items under consent calendar:

- a1. Minutes of the January 25, 2017 Board of Managers Meeting
- b1. State CIF Executive Committee Nominations 2017-2018
- b2. State CIF Budget for 2017-2018

Item a2 (request for Associate Membership by Rex & Margaret Fortune Early High School) was pulled and added to old business as item 0.

Motion to approve Consent Calendar as amended.

Motion: Randy Snider; Seconded: Jim Waldman; PASSED UNANIMOUSLY 57-0.

- a. Sac-Joaquin Section Items
  - 1. Approval of Minutes of January 25, 2017 Board of Managers Meeting

#### b. State CIF Items

1. State CIF Executive Committee Nomination 2017-18

Sara Wetteland was nominated for one of the five seats on the State CIF Executive Committee.

2. State CIF Budget for 2017-18

The proposed budget previously approved by the State Executive Committee included a 5% salary increase and an increase in dues of \$0.05 per student in the legal and liability assessment. Both income and expenses are expected to slightly increase (1-2%) and the budget indicates an end of the year surplus.

#### **CLOSED SESSION**

1. Conference with Labor Negotiator No action was taken in closed session.

The meeting was reconvened to open session at 10:56am.

#### IV. MANAGEMENT SERVICES

Informational Reports, Recommendations and Additional Items Presented as First Reading Items.

- 1. Committee Meeting Reports
  - a. Executive Committee.
    - Alan Peterson reported the Executive Committee met on March 23 and discussed thoroughly all items on the agenda.
    - b. SJS Economic Viability Committee.

John Becker reported the SJS Economic Viability Committee met and reviewed winter sports championships; 2016-17 year-to-date budget, final audit notes, and the Committee unanimously approved the 2017-18 proposed budget.

c. SJS Officials Negotiations Committee. None.

#### 2. Sports Advisory Committee Reports No sports advisory committee reports were given.

- A. OLD BUSINESS (Action "Voting" Items)
  - Request for Associate Membership by Rex & Margaret Fortune Early High School. Motion to approve request for associate membership by Rex & Margaret Fortune Early High School. Motion: John Dibble; Seconded: Kerry McWilliams; Passed: 43-10.

"Yes" votes:	CAL, CCAA, CCC, CVC, CVCL, GEL, MVL, NPAC, PVL, SCAC, SDL, SFL, SJAA, SMAL,
· · · · · · · · · · · · · · · · · · ·	SVC, TCAL, TCC, TVL, WAC, Small Schools A.D. Rep., Medium Schools A.D. Rep., Large
and the second	Schools A.D. Rep., School Board Rep., and the School Superintendent Rep.

"No" votes: MEL, METRO, MLL, MMC, and VOL.

"Abstained": DELTA, SAL

#### 1. Sac-Joaquin Section Items

a. Election of SJS Representative to the Federated Council
 President Peterson explained that Sara Wetteland was the only nominee; therefore he would entertain a motion
 to elect Sara as the SJS Representative to the Federal Council.
 Motion to approve Sara Wetteland as SJS Representative to the Federal Council.
 Motion: Al Hooker; Seconded: Jim Waldman; PASSED UNANIMOUSLY 57-0.

b. Proposed Budget for 2017-2018

President-Elect John Becker reviewed the proposed budget and provided the Economic Viability Committee's recommendation to accept.

Motion to approve the proposed budget for 2017-2018

Motion: Kevin Swartwood; Seconded: Norm Antinetti; PASSED UNANIMOUSLY 57-0.

 Proposed Increase to Water Polo Officials Fees
 President-Elect John Becker presented the recommended increase to water polo officials' fees effective 2017-18.

Motion to approve Increase to Water Polo Officials Fees.

Motion: Jim Waldman; Seconded: Bob Lofsted; Passed: 53-4.

"Yes" votes: CAL, CCAA, CCC, CVC, CVCL, DELTA, MEL, MLL, MMC, MVL, NPAC, PVL, SCAC, SDL, SFL, SJAA, SAL, SMAL, SVC, TCAL, TCC, TVL, VOL, WAC, Small Schools A.D. Rep., Medium Schools A.D. Rep., Large Schools A.D. Rep., School Board Rep., and the School Superintendent Rep.

"No" votes: GEL, METRO

d. Realignment Proposal for the 2018-2022 League Alignment Cycle

President-Elect John Becker, who served as the Executive Committee representative on the realignment committee reviewed realignment processes/procedures, member school voting process, and appeal processes. Commissioner Garrison reviewed a letter that was submitted by Center High School expressing their concern regarding their placement for realignment 2018-2022. Additionally, Commissioner Garrison informed the Board that by approving this plan the board would be approving American Canyon High School, Benicia High School, Napa High School, and Vintage High School's request to be released from the Sac-Joaquin Section starting in 2018. Greg Pearce, Athletic Director - Modesto Christian High School presented to the Board of Managers their appeal to their placement in the TCAL as proposed in the realignment proposal 2018-2022. Mr. Pearce cited their belief that Modesto Christian would be served better if they were placed in the MMC.

Motion to approve Modesto Christian's appeal to have their boy's and girl's basketball teams placed in the MMC.

Motion: Bob Lofsted; Seconded: Mark Loureiro; Failed: 23-34.

- "Yes" votes: CAL, CCAA, SAL, SCAC, SFL, SJAA, TCAL, TCC, TVL, VOL, WAC, Small Schools A.D. Rep.
- "No" votes: CCC, CVCL, DELTA, GEL, MEL, METRO, MLL, MMC, MVL, NPAC, PVL, SDL, SMAL, SVC, Medium Schools A.D. Rep., Large Schools A.D. Rep., School Board Rep., and the School Superintendent Rep.

Realignment Chair Rick Spears thanked the realignment committee for all their hard work and shared with the Board of Managers the proposed 2018-2022-realignment plan.

Motion to approve the 2018-2022 realignment proposal for the 2018-2022 League Alignment Cycle. Motion: Jim Smreker; Seconded: Mike Pearson; Passed: 51-6.

"Yes" votes: CCAA, CCC, CVC, DELTA, GEL, MEL, MLL, MMC, MVL, NPAC, SCAC, SDL, SFL, SJAA, SAL, SMAL, SVC, TCC, TVL, VOL, WAC, Small Schools A.D. Rep., Medium Schools A.D. Rep., Large Schools A.D. Rep., School Board Rep., and the School Superintendent Rep.

"No" votes: CAL, CVCL, TCAL.

- e. Proposed Revision to SJS Bylaws 1901.1 & 1901.2 Age Requirement (Football) Motion to approve revisions to SJS Bylaws 1901.1 & 1901.2. Motion: Kevin Swartwood; Seconded: Mark Lourerio; Passed: 51-6.
  - "Yes" votes: CCAA, CCC, CVC, CVCL, DELTA, GEL, MEL, METRO, MLL, MMC, MVL, NPAC, PVL, SDL, SFL, SJAA, SMAL, SVC, TCAL, TCC, TVL, VOL, WAC, Small Schools A.D. Rep., Medium Schools A.D. Rep., Large Schools A.D. Rep., School Board Rep., and the School Superintendent Rep.

"No" votes: CAL, SAL, SCAC.

 f. Proposed Revision to SJS Bylaw 1903.2 – Team Camps (Football) Motion to approve revision to SJS Bylaw 1903.2. Motion: John Dibble; Seconded: Charlie Pikas; PASSED UNANIMOUSLY 57-0.

- g. Proposed Revision to SJS Bylaw 1903.3 Out of Season (Including Limited Period) Motion to approve revision to SJS Bylaw 1903.3.
   Motion: Al Hooker; Seconded: Mark Lourerio; Passed: 55-2.
  - "Yes" votes: CCAA, CCC, CVC, CVCL, DELTA, GEL, MEL, METRO, MLL, MMC, MVL, NPAC, PVL, SCAC, SDL, SFL, SJAA, SAL, SMAL, SVC, TCAL, TCC, TVL, VOL, WAC, Small Schools A.D. Rep., Medium Schools A.D. Rep., Large Schools A.D. Rep., School Board Rep., and the School Superintendent Rep.

"No" votes: CAL

- h. Proposed Revisions to SJS Bylaw 504.9 Limited Periods Motion to approve revision to SJS Bylaw 504.9.
   Motion: Paula Duncan; Seconded: Mike Morris; Passed 55-2.
  - "Yes" votes: CCAA, CCC, CVC, CVCL, DELTA, GEL, MEL, METRO, MLL, MMC, MVL, NPAC, PVL, SCAC, SDL, SFL, SJAA, SAL, SMAL, SVC, TCAL, TCC, TVL, VOL, WAC, Small Schools A.D. Rep., Medium Schools A.D. Rep., Large Schools A.D. Rep., School Board Rep., and the School Superintendent Rep.

"No" votes: CAL

- Proposed Revision to SJS Bylaw 1903.4 Acclimatization (Conditioning) Period Motion to approve revision to SJS Bylaw 1903.4.
   Motion: John Dibble; Seconded: Kevin Swartwood; PASSED UNANIMOUSLY 57-0.
- j. Proposed Revision to SJS Bylaw 1907.8 Playoffs (Football) Motion to approve revision to SJS Bylaw 1907.8. Motion: Jim Smreker; Seconded: Norm Antinetti; PASSED UNANIMOUSLY 57-0.
- k. Proposed Revision to SJS Bylaw 1501.7 Playoffs (Baseball) Motion to approve revision to SJS Bylaw 1501.7.
   Motion: Gary Cena; Seconded: Charlie Pikas; Passed: 55-2.
  - "Yes" votes: CCAA, CCC, CVC, CVCL, DELTA, GEL, MEL, METRO, MLL, MMC, MVL, NPAC, PVL, SCAC, SDL, SFL, SJAA, SAL, SMAL, SVC, TCAL, TCC, TVL, VOL, WAC, Small Schools A.D. Rep., Medium Schools A.D. Rep., Large Schools A.D. Rep., School Board Rep., and the School Superintendent Rep.

"No" votes: CAL

- Proposed Revision to SJS Bylaw 2500.11.g Playoffs (Softball) Motion to approve revision to SJS Bylaw 2500.11.g. Motion: Jim Waldman; Seconded: Vince Clemons; PASSED UNANIMOUSLY 57-0.
- m. Proposed Revision to SJS Bylaw 2700.5 Playoffs (Team Tennis)
   Motion to approve revision to SJS Bylaw 2700.5.
   Motion: Kevin Swartwood; Seconded: Kerry McWilliams; PASSED UNANIMOUSLY 57-0.
- 2. State CIF Items
  - a. Proposed Bylaws 504; 1200; 1700; 1701; 1702 Competitive Cheer Motion to approve State CIF Bylaws 504; 1200; 1700; 1701; 1702. Motion: Randy Snider; Seconded: Howard Cadenhead; Passed: 53-4.

"Yes" votes: CAL, CCAA, CCC, CVC, CVCL, DELTA, GEL, MEL, MMC, MVL, NPAC, PVL, SCAC, SDL, SFL, SJAA, SL, SMAL, SVC, TCAL, TCC, TVL, VOL, WAC, Small Schools A.D. Rep., Medium

Schools A.D. Rep., Large Schools A.D. Rep., School Board Rep., and the School Superintendent Rep.

"No" votes: METRO, MLL

- b. Proposed Revision Bylaws 1606; 2401; 2901; 2902 Competitive Equity Motion to have the state representatives decide on State CIF bylaws 1606; 2401; 2901; 2902.
   Motion: Randy Snider; Seconded: Brad Gunter; Failed: 26-31.
  - "Yes" votes: CCC, CVC, CVCL, PVL, SAL, SFL, SJAA, SMAL, TCAL, TCC, VOL, Medium Schools A.D. Rep., Large Schools A.D. Rep., School Board Rep., and the School Superintendent Rep.
  - "No" votes: CAL, CCAA, DELTA, GEL, MEL, METRO, MLL, MMC, MVL, NPAC, SCAC, SDL, SVC, TVL, WAC, and Small Schools A.D. Rep.

Motion to approve revisions to State CIF Bylaws 1606; 2401; 2901; 2902. Motion: Paula Duncan; Seconded: Gary Cena; Passed 35-22.

- "Yes" votes: CCAA, CCC, CVC, DELTA, GEL, METRO, PVL, SAL, SCAC, SFL, SJAA, TCAL, TCC, VOL, WAC, Small Schools A.D. Rep., Medium Schools A.D. Rep., Large Schools A.D. Rep., School Board Rep., and the School Superintendent Rep.
- "No" votes: CAL, CVCL, MEL, MLL, MMC, MVL, NPAC, SDL, SMAL, SVC, and TVL.
- Proposed Bylaws Revisions 503.B.1 Uniform Administrative Penalty Motion to approve revision to State CIF Bylaw 503.B.1.
   Motion: Jim Smreker; Seconded: Kevin Swartwood; Passed 55-2.

"Yes" votes: CAL, CCAA, CCC, CVC, CVCL, DELTA, GEL, MEL, METRO, MLL, MMC, MVL, NPAC, PVL, SDL, SFL, SJAA, SL, SMAL, SVC, TCAL, TCC, TVL, VOL, WAC, Small Schools A.D. Rep., Medium Schools A.D. Rep., Large Schools A.D. Rep., School Board Rep., and the School Superintendent Rep.

"No" votes: SCAC

- d. Proposed Revision Bylaws 206, 207, 510, 1100 Athletic Motivation Motion to approve revision to State CIF Bylaws 206, 207, 510, 1100. Motion: John Dibble; Seconded: Vince Clemons; FAILED UNANIMOUSLY 0-57.
- e. Proposed Bylaw 1206 Standardized Number of Contests Motion to approve State CIF Bylaw 1206.
   Motion: Kevin Swartwood; Seconded: Peter Lambert; PASSED UNANIMOUSLY 57-0.
- Proposed Bylaw 900 All Star Contests
   Motion to approve revisions to State CIF Bylaw 900.
   Motion: Jim Waldman; Seconded: Paula Duncan; Passed: 55-2.
  - "Yes" votes: CAL, CCC, CVC, CVCL, DELTA, GEL, MEL, METRO, MLL, MMC, MVL, NPAC, PVL, SCAC, SDL, SFL, SJAA, SL, SMAL, SVC, TCAL, TCC, TVL, VOL, WAC, Small Schools A.D. Rep., Medium Schools A.D. Rep., Large Schools A.D. Rep., School Board Rep., and the School Superintendent Rep.

"No" votes: CCAA

- B. <u>NEW BUSINESS</u> (Non-voting Items)
  - 1. Sac-Joaquin Section Items

a. Proposal from PVL and CVCL to Change the Soccer Season of Sport

Mike Garrison discussed the Pioneer Valley League and Central Valley California League's proposal that the sport of soccer be moved to reflect boy's soccer in the fall and girl's soccer in the spring. Ed Felt made a motion to revise the agenda to make the proposal an action item on today's agenda. Commissioner Garrison told the board for the agenda to be revised at this time the vote must pass by two-thirds (38 votes).

Motion to approve moving the soccer season.

Motion: Ed Felt; Seconded: John Huffman; Failed: 25-32. This proposal will be a first-read in October 2017 and an action item in January 2018.

"Yes" votes: CVCL, DELTA, MEL, MMC, MVL, NPAC, PVL, SAL, SFL, SJAA, SMAL, Small Schools A.D. Rep., School Board Rep., and the School Superintendent Rep.

"No" votes: CAL, CCAA, CCC, CVC, GEL, METRO, MLL, SCAC, SDL, SVC, TCAL, TCC, TVL, VOL, WAC, Medium Schools A.D. Rep., and Large Schools A.D. Rep.

# 2. State CIF Items

# a. Proposed Revision Bylaw 207.B.(5) – Sit Out Period

Ryan Tos discussed the Commissioners Committee's proposal to revise the language regarding the Sit Out Period (SOP). If approved, these changes would be implemented during the 2018-19 school year in conjunction with the calendar changes.

# b. Proposed Revision to Bylaw 1906.B - Football Tie Breaker

Ryan Tos discussed the Commissioners Committee proposal to delete from the Constitution and Bylaws the mandated 10-yard tie-breaker in Regional and State Football Bowl Games. Tie Breaker language is more appropriately placed in the blue pages. Additionally, it is anticipated that the State CIF Football Advisory Committee will be recommending to management to move to the 25-yard tiebreaker.

# V. CLOSED SESSION MOVED TO FOLLOW IV. MANAGEMENT SERVICES

# VI. <u>REPORTS</u>

# a. Assignor of Officials

- 1. North Jim Jorgensen and Monty Muller
  - Monty Muller reported for the North.
  - ✓ For our officials the soccer season went swimmingly. It was a little arduous for the assignors because of the rescheduled games due to weather. From this, the official association realizes they need to recruit more and have made the process for new officials easier.
  - Very successful wrestling season with four of our Sac-Joaquin Section officials working the state championship tournament in Bakersfield. Out of the four, three were ranked in the top 10 and will automatically be back next year.

Encourage league commissioners to hold league meetings in the fall, winter, and the spring and invite the officials to help interpret the rules and talk about new rules.

2. South - Mike Miklaus and Brian Moore

Mike Miklaus reported for the South.

- ✓ Basketball went very well. Section Tournament Championships were held at UOP. We had two crews from the Sac-Joaquin Section work the State championship at Golden One Arena in Sacramento.
- ✓ Leagues tell your baseball and softball coaches to check their schedules.
- ✓ When you receive your invoices, please process payment.

# b. SJADA

Erin Aiken encouraged administrators to send Athletic Directors to the CSADA Conference that is April 19-23 in Reno, Nevada. Erin also encouraged registration for the SJADA Conference at the Wine and Roses in October.

c. State Executive Committee - No report

- d. President No report
- e. Commissioner Michael S. Garrison

Mike Garrison gave the winter sports wrap up report on wresting and basketball. The Section staff is looking for alternative venues for boys' semi finals in basketball due to a large decline in attendance at UOP. Mr. Garrison acknowledged the Section Girls DII and DIV State Basketball Championships and the six (6) Girls Wrestling Individual Champions. Congratulations also went out to the recipient of the CIF Spirit of Sport and the two recipients of the SJS State Model Coach Award.

Mr. Garrison went over general announcements including the Dale Lacky/CSEA Scholarship & Model Coach Award Breakfast; Spring Sports, and the Unified Team Competition for Track & Field.

Mr. Garrison gave special thanks to the SJS staff and the member schools.

#### VII. COMMUNITY SERVICE AWARD

Will DeBoard announced the recipients of this year's Community Service Awards. The fall recipient is the Bethel football team who took meals to feed the homeless. The winter recipient is the Vacaville boys basketball team, and the spring recipient is the Marysville baseball team.

#### DISTINGUISHED SERVICE AWARDS

Mike Garrison presented the Distinguished Service Awards to Mark Loureiro and Ron Nocetti.

# VIII. ADJOURNMENT

#### Motion: Kevin Swartwood; Seconded by Vince Clemons.

The meeting was adjourned at 1:30 pm. The next Sac-Joaquin Board of Managers meeting will be held on Wednesday, October 4, 2017 at The Reserve at Spanos Park in Stockton.

Respectfully submitted,

Alan Peterson President Approved,

Michael S. Garrison Commissioner



Ramona E. Bishop, Ed.D. • Superintendent

March 16, 2017

Jeff Buchanan, SCAC Commissioner CIF Solano County Athletic Conference 789 Carsten Circle Benicia, CA 94510

Mr. Alan Peterson President of Board of Managers Merced Union High School District 3430 "A" St. Atwater, CA 95301

Michael S Garrison, CAA Commissioner CIF Sac-Joaquin Section P.O. Box 289 Lodi, CA 95241 Mr. Damon Wright SCAC President American Canyon High School 3000 Newell Drive Napa, CA 94558

Dear Mr. Buchanan, Mr. Garrison, Mr. Peterson & Mr. Wright,

Please accept this letter as a formal request from Vallejo City Unified School District for Jesse Bethel High School and Vallejo High School to enter into a formal discussion with the North Coast Section with regard to the aforementioned schools withdrawing from our Sac-Joaquin Section membership and joining the North Coast Section. If approved, we propose this action would begin with the 2018-19 school year.

Upon your acknowledgement and approval of our request, I will inform the Principals of the two affected high schools. Further, upon your approval, I will make a formal request to North Coast Section Commission, Gil Lemmon, as to our interest in joining the North Coast Section.

Please feel free to contact our office if you have any questions regarding this matter.

Respectfully,

Ruscal Cayangyang

President, Board of Education Vallejo City Unified School District

Received

MAR 27 2017

**CIF Sac Joaquin Section** 

Office of the Superintendent • 665 Walnut Avenue • Vallejo, CA 94592 • (707) 556-8921

GOVERNING BOARD

Ruscal CayangyangPresidentBurky H. WorelVice PresidentMarianne Kearney-BrownTrusteeRobert W. LawsonTrusteeDr. A. C. "Tony" Ubalde, Jr.Trustee

Sac-Joaquin Commissioner's Board,

Edge Christian Academy (ECA) is requesting Associate membership to CIF SJS. As a newly founded private school, we believe that the ability to offer sports it critical for the students we serve and increases the desirability for Edge Christian Academy as a private school.

Edge Christian Academy has committed to providing Boys and Girls Track & Field, Cross Country & Wrestling. We are looking to incorporate tennis, swim and golf into our program as well, but have not committed at this time. All sports offered will be offered at the Frosh/Soph, JV and Varsity levels at ECA.

Edge Christian Academy is expecting an enrollment of 20 students by the end of 2017-2018 school year, 50 enrolled students by the end of our second year and 75 students by the end of 2019-2020, our third operating year. We at ECA believe that the ability to offer CIF sanctioned sports may even draw more students and increase beyond our projected enrollment numbers.

ECA firmly believes in the stances of California Interscholastic Federation and agrees to abide by all rules and regulations set by CIF as well as by the Sac-Joaquin Section. The same is extended to any league rules and regulations that may be bestowed upon us as guests of any league event.

We appreciate your consideration of our letter of application to join the CIF SJS and look forward to our many seasons ahead.

Best Regards,

Michael Wurz

Principal-Edge Christian Academy 1101 Horizon Dr Suite 112 Fairfield, CA 94533 707-421-9430



# V.C.3. CALIFORNIA INTERSCHOLASTIC FEDERATION

GIF STATE OFFICE • 4860 DUCKTORN DRIVE • SAGLANENTO, GA 85834 • PII-919-239-4477 • FX: 916-239-4478 • WWW.CHSTATE.ORD

To: Federated Council

Date: April 10, 2017

# Re: Proposal Bylaw Revision 2006.B. Football Tie Breaker

Proposal Originated: Commissioners Committee

# Proposal Reviewed

01/10/2017 – Commissioners Committee 03/14/2017 – Commissioners Committee 04/06/2017 – Executive Committee 04/07/2017 – Federated Council 06/15/2017 – Executive Committee Proposal Recommendation Discussion Proposal Forwarded, 9-0 Support First Reading First Reading Approved 8-0

Type: Bylaw Revision

# Next: 10/07/2017 - Federated Council Action

**Proposal Summary:** The proposed bylaw revision would delete Bylaw 1906.B that mandates the 10-yard tie breaking procedure in Regional and State Football Bowl Championships. Tie breaking language for Regional and State Football Bowl games is more appropriately place in the "Blue Pages." If approved in October 2017, <u>this would take effect immediately.</u>

# Fiscal Impact: None

**Background:** With the implementation of the CIF Football Bowl Championships in 2007 Bylaw 1906 was added that mandated the use of the 10-yard tie breaking procedure for the State Bowl Championships. This revision continues to allowed sections to determine their own tie breaking procedure (2006.A) as five sections currently use the 10-yard procedure and five sections used the 25-yard procedure.

V.C.2.



# CALIFORNIA INTERSCHOLASTIC FEDERATION

CH STATE OFFICE + AGEO DOCKNORN BRIVE + SACHAMENTO, CA 05034 + PH: 016-289-4471 + FX: 916-239-4470 + WWW.CHPSTRTE.ORG

To: Federated Council

Date: August 24, 2017

Re: Proposal Bylaw Revision 207.B(5) Sit Out Period

# Proposal Originated: Commissioners Committee

# **Proposal Reviewed**

01/10/2017 – Commissioners Committee 03/14/2017 – Commissioners Committee 04/06/2017 – Executive Committee 04/07/2017 – Federated Council 06/15/2017 – Executive Committee Proposal Recommendation

Discussion Proposal Forwarded, 9-0 Support First Reading First Reading 7-0, Support

Type: Bylaw Revision

Next: 10/07/2017 - Federated Council Action

**Proposal Summary:** The proposed bylaw revision would change the Sit Out Period (SOP) to a standardized percentage for all sports as determined by the Sections first allowable competition date through the final regular season completion date. This purposed change would ensure that all students would have the same length of SOP, regardless of the Section and Season of Sport as the SOP would be based on a standardized percentage. The year of implementation would be 2018-2019 to coincide with the State and Sections calendar revisions.

# Fiscal Impact: None

**Background:** The Federated Council approved the SOP in 2011 with implementation in 2012-13 that established a specific week and date for each season of sport for athletic eligibility under the SOP. Individual adjustments have been required over the years in an attempt to ensure equity in the length of the SOP. However, the length of the SOP still varies significantly with a Sit Out Period as high as 68% in one sport while most are close to 50%.

#### 207.B.(5) b.

#### 5) TRANSFER ELIGIBILITY

#### Varsity Eligibility Applications (Non-Hardship Sit Out Period)

Any student who transfers for the first time since their initial enrollment in the 9th grade in any school, or if the first transfer of schools for this student was granted due to an approved CIF hardship [see 207.B.(5).c], or a valid change of residence and whose circumstances causing the transfer do not meet any of the Hardship Exceptions outlined in c.(viii) below, may become eligible for varsity competition for the sport(s) in which they competed in the last 12 months at the former school or any other school, upon submission, review and approval by their respective CIF Section under the following provisions:

- (i) This is the student's first transfer since they first enrolled anywhere in the 9th grade or had their first transfer determined to be a CIF hardship circumstance [207.B.(5).c.]; or a valid change of residence; AND
- (ii) The student was academically eligible at the time of transfer from the former school; AND
- (iii) The principal of the former school attests in writing that the move was not made in violation of Bylaw 510; AND
- (iv) The student is not transferring either voluntarily or because their former school has determined they must withdraw, because of a disciplinary infraction at the former school as defined in Bylaw 209.C. (1); AND
- (v) The student is not found by the CIF Section to have transferred to a school where their former high school coach has relocated or where a club coach with whom they have been associated is coaching, per Bylaw 207.C.(3) or (4); AND
- (vi) The student has not been determined by their respective CIF/Section Office or the CIF to have made a transfer or change in schools in violation of Bylaw 510; AND
- (vii) No student shall be eligible to participate in the same sport at two (2) different schools in the same school year unless the student changed schools as a result of a valid change of residence or pursuant to a hardship approved by their respective CIF Section; AND
- (viii) The student has not competed at the new school at the sub-varsity level in that sport following the transfer during the current school year; AND
- (ix) The student shall remain out of any competition at any level in each sport in which they competed in the last 12 months at the former school or any other school in accordance with the following Sit Out Periods (SOP): The Sit-Out Period will be 50% of the total number days in that particular season of sport. The number of days in a season is determined by each Section in accordance with their first allowable competition date through the final regular season competition date. If total number of days in a season is an odd number, then the Sit-Out Period would be 50% plus one additional day.

Fall Sports: The Monday of the NFHS week 14

2016: October 3

2017: October 2

NOTE: In order to promote gender equity and ensure participatory comparability for female athletes with respect to the SOP in the sports of golf and tennis, the CIF Sections shall adjust their SOP eligibility dates in the sports of girls' golf and girls' tennis, if needed.

Winter Sports: The Monday of the NFHS week 27

2017: January 2

2018: January 1

Spring Sports: The Monday of the NFHS week 40

2017: April 3

- 2018: April 2
- The student who transfers to a school after School B's first game will have an SOP equivalent in calendar days to the SOP of all other students who transferred before the season started. The respective CIF Section Office will provide the actual date once the proper forms are received, reviewed and approved.

Q: My son was denied the Sit Out Period. May we appeal this ruling? A: No.

V.C.1.



CALIFORNIA INTERSCHOLASTIC FEDERATION

EN STATE OFFICE + 4650 DOCKHORN DRIVE + ENCRAMENTO, GA SEGSA + PN: 916-228-4471 + FX: 916-228-4478 + WWW.CHFYTATE.ALS

To: Federated Council

Date: August 28, 2017

Re: Bylaw 1108 Delegated Powers Hurricane Harvey

Proposal Originated: Executive Director

# **Proposal Summary:**

It is very important that all student-athletes being displaced by Hurricane Harvey are treated compassionately and their athletic eligibility is determined consistently throughout the State.

On August 28, 2017, the Executive Director took action under Bylaw 1108 on the transfer eligibility of students impacted by Hurricane Harvey and relocating to CIF member schools. This action is subject to the approval of the Federated Council.

#### **Background:**

From past experiences, we have learned that we must take steps to streamline the transfer process as many students and families arrive in CA without school documents and without their full family as a result of the flooding and their forced moves. We have also learned that getting documents from their prior school is NOT a priority in the damaged area during the recovery period which can take years. The CIF has taken similar actions following Hurricane Katrina, Hurricane Matthew and the Valley Fire in Northern California.

This athletic eligibility waiver is extraordinary and applies to students displaced by Hurricane Harvey <u>ONLY</u>.

#### 1108. DELEGATED POWERS

- A. In emergency situations, the CIF President or Executive Director or his/her authorized designee may act for the Federated Council in the best interest of the organization. This action will be reviewed by the Executive Committee as soon as possible.
- B. Between meetings of the Federated Council, the Executive Committee shall be empowered to act for the Federated Council when necessary. This action will be subject to the approval of the Federated Council at its next meeting.



# RAGER L. BLAKE, EXECUTIVE BURECT ASTIC FEDER

CH STILTE OFFICE + ASSO ANGEMBER BRIVE + SACEAMENTO, GL OSGAA + PD: S18-220-4477 + FI: S18-220-4477 + WWW.GIFSTATE.AM

August 29, 2017

TO: Section Commissioners

FROM: Roger L. Blake

Athletic Eligibility Waiver for student-athletes displaced by Hurricane Harvey RE:

After discussion with the CIF Executive Committee, it was very important to them that all student-athletes being displaced by Hurricane Harvey are treated compassionately and their athletic eligibility is determined consistently throughout the State.

Consistent with the authority the CIF Constitution provides in Bylaw 1108, I am directing all CIF member schools to follow the procedures outlined below:

- 1. All student-athletes displaced from Texas wishing to participate MUST fill out the attached form prior to becoming eligible.
- 2. The school will determine whether a student is eligible based upon the information provided on the form and any other information the school is able to obtain.
- 3. The school MUST forward a copy of the form to their local section office and to the CIF State Office.
- Schools, in the absence of formal documentation such as transcripts, driver's license, etc., will rely upon the integrity of the information provided to them by the student, parent(s), guardian(s) and/or caregiver(s) and their school personnel in charge of determining eligibility.
- All student-athletes initially will be ruled academically eligible until at least the first grading period. unless there is information provided on the form that would indicate otherwise. All schools are expected to continue to follow up on these students to ensure academic eligibility and proper grade placement.
- 6. Schools which rule students eligible based upon the completed and approved form, including their best efforts to determine eligibility, will not have to forfeit any contest played by an athlete who is later ruled ineligible.
- 7. This athletic eligibility waiver is extraordinary and applies to students displaced by Hurricane Harvey ONLY. All other students should be treated like any regular transfer and all section and State CIF Bylaws should be applied.

One would hope that no one would try to take advantage of these students to gain an athletic advantage under these circumstances. However, should the need arise, it is CIF's expectation that the school, section and State will deal with any undue influence swiftly and appropriately.

I realize there are many unanswered questions. The "what ifs" will have to be dealt with as they arise. I know you like to be proactive and not reactive, but this situation is very similar to Hurricane Katrina, Hurricane Mathew, the Valley Fire and we have every confidence that our schools will react and treat these displaced students in a similar manner. The bottom line is supporting students trying to gain back some normalcy in their lives.

#### CC: **CIF Executive Committee**

#### CALIFORNIA INTERSCHOLASTIC FEDERATION ATHLETIC ELIGIBILITY WAIVER FOR STUDENT-ATHLETES DISPLACED BY HURRICANE HARVEY

# (Displaced students are ineligible for athletic participation until the principal/headmaster approves this Eligibility Waiver)

To be filled out by the school, student and/or parent/guardian and filed with your local section and State Office.

Nai	ne o	f Student (print)	Current Grade
Bir	hdat	e Age	
Stu	dent	s Temporary Address or	
Loc	atio	n	
Cur	rent	School District and School: School District	City
Sch	ool_		
Las	t Scl	nool Attended: Former School District	Former City
For	mer	School	<i>•</i>
Yes	No		
		1. Will (or was) the student be 19 years of age before June 15 of the current	nt school year? (CIF Bylaw 203)
		2. Was the student academically eligible under former state association rul	les at the time of displacement?
		(CIF Bylaw 205.B.)	-
		3. Is the student enrolled in the equivalent of 20 semester periods of work?	? (CIF Bylaw 205.B.)
	a	4. Did the student first enroll in the 9th grade more than 4 years ago? (CII enrollment in the 9th grade?	F Bylaw 204) What was the first date of
		5. Has only a portion of the immediate family been temporarily relocated t EXPLANATION.	to California? IF YES, ATTACH AN
		6. Are immediate family members remaining in the affected area of the hu EXPLANATION.	rricane? IF YES, ATTACH AN
		<ol> <li>Did anyone from the current school contact the student prior to their en (CIF Bylaw 510) IF YES, ATTACH AN EXPLANATION.</li> </ol>	rollment in the current school?
Q		<ol> <li>Was the student ever prohibited from participation at the previous school ATTACH AN EXPLANATION.</li> </ol>	ol? (CIF Bylaw 209, 210 & 212) IF YES,

# TO BE COMPLETED BY STUDENT, PARENT/GUARDIAN/CAREGIVER AND ADMINISTRATION OF NEW SCHOOL

Date of enrollment in new school:

School Phone #: \_\_\_\_\_ School Fax #:

It shall be the responsibility of each school to have on file the following required annual forms for each student who participates in any practice (before, during or after school), scrimmage, or game: Pre-participation Physical Examination, Medical History Form, Steroid Prohibition Statement, Concussion and Sudden Cardiac Arrest Statements and any other required school and/or section forms.

Incorrect or untrue information provided by the parent/guardian/caregiver or student could cause ineligibility. The following signatures certify that, to the best of your knowledge, all information presented on this form is true and correct.

Student	Date	Parent/Guardian/Caregiver	Date
New School Coach	Date	New School Administrator	Date
PRINCIPAL/HEADMASTER	R APPROVAL: I certii	fy the above named student is appr	oved.
PRINCIPAL/HEADMASTER		fy the above named student is appr	Date

The School Principal/Headmaster makes two copies of the completed form. Send one copy to the section office and the other copy to the CIF State Office, 4658 Duckhorn Drive, Sacramento, CA 95834 Retain the original in your file.

Displaced students are ineligible for athletic participation until the principal/headmaster approves this Eligibility Waiver.



COMMISSIONER MICHAEL S. GARRISON CIF Sac-Joaquin Section P.O. Box 289 Lodi, CA 95241 (209) 334-5900 FAX: (209) 334-5900 website: www.cifsjs.org

To: SJS Board of Mangers

Date: October 4, 2017

Re: Proposal - SJS Bylaw 503.8 - Administrative Supervision

Implementation: 2018-2019

Proposal Originated: SJS Executive Committee

**Proposal Discussed/Reviewed** Executive Committee – March 30, 2016 Executive Committee – June 23, 2016 Executive Committee – September 22, 2016 SJS Board of Managers – October 5, 2016 Executive Committee – January 5, 2017 SJS Board of Managers – January 25, 2017 Executive Committee – June 14, 2017 Executive Committee – August 16, 2017 SJS Board of Managers – October 4, 2017 Recommendation Discussion Unanimous Support (4-0) Discussion First Reading Discussion Vote to Table / Concerns Expressed Discussion Unanimous Support (4-0) First Reading

**Proposal Summary:** This bylaw would require each school to have an administrative presence at specific section playoff events.

**Fiscal Impact:** A minimal fiscal impact on schools as an administrator or designee will have to travel to attend specific section playoff events.

**Rationale:** This proposal was first discussed due to issues at various section playoff events in which there was no administrative presence in attendance and serious event management issues occurred.

**Other Considerations:** While various playoff formats "require" an administrative presence at specific events this bylaw would make it a formal requirement.

#### SJS Bylaw 503.8 Administrator-in-Charge

Each school, with the exception below, which is participating in the Sac-Joaquin Section team *playoffs*, (football, volleyball, water polo, basketball, soccer, baseball, softball) must have an administrative level representative or designee, in addition to the team coach, in attendance before, during, and after the event each time that the school competes. The school's principal must indicate in writing the name of the person (certificated faculty member or certified coach under Title V for public schools, contracted faculty/approved coaching staff members for private schools) provided the person is not coaching (neither the head coach or an assistant coach) who is the Administrator-in-Charge (responsible for crowd control, student behavior, and injury care) whenever that school's team is participating in the respective SJS event. The "Administrator-in-Charge-Registration" letter shall be presented to the Site Director when the person reports to the Site.

Note: The Administrator-in-Charge Registration form may be signed by any school administrator (vice principal and assistant principal) and/or the school athletic director.

Exception: Any school traveling more than 100 miles, one way, is not required to send an administrator-incharge to any SJS championship event with the exception of Football and Basketball. Under this exception the coach of the traveling school is responsible for crowd control, student behavior and injury care.

PENALTY FOR VIOLATION: SJS staff will determine the penalty prior to the playing of the *next* contest. A school that does not provide the required Administrator in Charge may forfeit.

First Offense: Warning

Second Offense: Monetary Fine or Forfeiture of next contest

Third and Subsequent Offenses: Forfeiture of next contest AND/OR Fine AND/OR Loss of Travel Reimbursement

\* Commissioner Discretion in determining the appropriate sanction on second and subsequent offenses.



#### SJS Bylaw 503.8 Administrator-in-Charge

Each school, with the exception below, which is participating in the Sac-Joaquin Section team *playoffs*, (football, volleyball, water polo, basketball, soccer, baseball, softball) must have an administrative level representative or designee, in addition to the team coach, in attendance before, during, and after the event each time that the school competes. The school's principal must indicate in writing the name of the person (certificated faculty member or certified coach under Title V for public schools, contracted faculty/approved coaching staff members for private schools) provided the person is not coaching (neither the head coach or an assistant coach) who is the Administrator-in-Charge (responsible for crowd control, student behavior, and injury care) whenever that school's team is participating in the respective SJS event. The "Administrator-in-Charge-Registration" letter shall be presented to the Site Director when the person reports to the Site.

Note: The Administrator-in-Charge Registration form may be signed by any school administrator (vice principal and assistant principal) and/or the school athletic director.

Exception: Any school traveling more than 100 miles, one way, is not required to send an administrator-in-charge to any SJS championship event with the exception of Football and Basketball. Under this exception, the coach of the traveling school is responsible for crowd control, student behavior and injury care.

PENALTY FOR VIOLATION: SJS staff will determine the penalty prior to the playing of the *next* contest. A school that does not provide the required Administrator in Charge may forfeit.

First Offense: Warning

Second Offense: Monetary Fine or Forfeiture of next contest

Third and Subsequent Offenses: Forfeiture of next contest AND/OR Fine AND/OR Loss of Travel Reimbursement

\* Commissioner Discretion in determining the appropriate sanction on second and subsequent offenses.

School Name	I will be represented by	Name
at the Sac-Joaquin Section	<i>playoff</i> contest on	
at the Sac-Joaquin Section Sport	I U UU	Date
atLocation		
As Principal of School Name	High School, I certify that the inc	lividual(s) listed above meets
the requirements of CIF-SJS Bylaw 503.8 as detailed	l above.	
Principal Name:	Cell Pho	ne:
Principal Signature:	Date:	
NOTE: THIS FORM MUST BE PRESENTED TO THE SITE DIRECT		TE NO LATED THAN 15 MINUTE

PRIOR TO THE SCHEDULED START OF THE CONTEST.



COMMISSIONER MICHAEL S. GARRISON CIF Sac-Joaquin Section P.O. Box 289 Lodi, CA 95241 (209) 334-5900 FAX: (209) 334-0300 website: www.clfsjs.org

To: SJS Board of Managers

Date: October 4, 2017

**Re:** Wrestling – Team Duals

**Implementation:** Winter of 2018

Proposal Originated: SJS Office

Proposal Discussed/Reviewed

Wrestling Advisory Committee – May 2, 2017 Playoff Committee – September 7, 2017 Executive Committee – September 28, 2017 SJS Board of Managers – October 4, 2017 **Recommendation** Discussion/Support Unanimous Support (12-0) Discussion First Reading

**Proposal Summary:** This proposal would change the SJS wrestling team duals from a league based system to an enrollment based system. This would bring these championships in line with the majority of team playoffs in the Sac-Joaquin Section

**Fiscal Impact:** Minimal financial impact is anticipated – hopeful for an increase in gate receipts as matches may be more competitive.

Rationale: The majority of our team championships are now enrollment based

# **Current Bylaw**

3203.8.a Competition will consist of Division I, II, III, IV, V and VI.

- 1. Division I Delta, MEL, SFL and TCAL
- 2. Division II CCC, CVC, Metro and MMC
- 3. Division III CAL, SCAC, SJAA and VOL
- 4. Division IV PVL, SVC, TCC and WAC
- 5. Division V GEL, MLL and TVL
- 6. Division VI SDL and SAL

# **Proposed Bylaw**

# 3203.8.a Divisional Placement

# 1. Divisions

The qualifying teams will be placed in divisions in order of enrollment size. However, schools may not play more than one division below their league placement in realignment. If a school's enrollment places them in a division that is two or more divisions below its league placement in realignment, that school will be moved up at least one division for playoffs.

# 2. Section Champion From Previous Year

If a school wins a Section championship at a particular level, that school must play at or above that level the following year.

# 3. League Champions

If a team wins a league championship (outright, or is the No. 1 seed by criteria), that team must play at or above the level of its league competition. For instance, if a school wins a championship in a D3 league but is D4 by enrollment, they would be forced to play D3 in that year's playoffs.

# 4. Three in a Row

Schools that win three championships in a row will be moved up one division. If that school wins again the following year at its new level, it will be moved again to the next higher level. Otherwise, the school will remain in that division until it wins three more in a row (moved up one more division).

# 5. Continued Success

If a school has maintained continued success over several years but has not won three straight Section titles, the Section Commissioner (in consultation with the Executive Committee) may recommend to the board that a school be moved to a higher division. Continued success may include, but not be limited to, the following:

\* Section semifinalist or finalist for four or more years in a row with at least one Section title; or

- \* Four Section titles in a span of six years.
  - i. After a school has been moved to a level above its enrollment because of the three in a row rule or the continued success rule, that school may be moved down one level if the following occurs:
    - (a) The school misses the playoffs in any year; or
    - (b) The school fails to reach the semifinals in two consecutive years.
- 6. A school is not allowed to play in a division lower than its enrollment.

# 7. Bracket Size

The size of each bracket will be determined by the Section office after it is known how many total teams will qualify for the playoffs.



COMMISSIONER MICHAEL S. GARRISON CIF Sac-Joaquin Section P.O. Box 289 Lodi, CA 95241 (209) 334-5900 FAX: (209) 334-0300 website: www.cifsjs.org

To: SJS Board of Managers

Date: October 4, 2017

Re: Coed Team Tennis Playoffs

**Implementation:** Spring of 2018

Proposal Originated: SJS Office

**Proposal Discussed/Reviewed** Playoff Committee – September 7, 2017 Executive Committee – September 28. 2017 SJS Board of Managers – October 4, 2017 **Recommendation** Support (12-0) Discussion First Reading

**Proposal Summary:** This proposal would change the SJS coed tennis playoffs from a league based system to an enrollment based system. This would bring coed tennis in line with the majority of team playoffs in the Sac-Joaquin Section

Fiscal Impact: No fiscal impact expected.

**Rationale:** The current system has a 21 team bracket in which is too large. This proposal would balance out the number of teams in each division and create consistency throughout the section for the majority of our team sports.

# **Current Bylaw**

2800.5 Playoffs

3. Sac-Joaquin Section competition for boys and girls team tennis will consist of Divisions I, II, III and IV.

# **Proposed Bylaw**

2800.5 Playoffs

3. Sac-Joaquin Section competition for boys and girls team tennis will consist of Divisions I, II, III and IV. Sac-Joaquin Section competition for coed team tennis will consist of Divisions I and II.



COMMISSIONER MICHAEL S. GARRISON CIF Sac-Joaquin Section P.O. Box 289 Lodi, CA 95241 (209) 334-5900 FAX: (209) 334-0300 website: www.cffsjs.org

To: SJS Board of Managers

Date: October 4, 2017

Re: Swimming and Diving Championships – Awards / Divisions

**Implementation:** Spring of 2018

Proposal Originated: SJS Office

**Proposal Discussed/Reviewed** Playoff Committee - September 15, 2016 Playoff Committee - May 16, 2017 Playoff Committee - September 7, 2017 Executive Committee - September 28, 2017 SJS Board of Managers - October 4, 2017 **Recommendation** Discussion Unanimous Support (12-0) Discussion First Reading

**Proposal Summary:** This proposal would add awards for a Division II and Division III varsity boys and girls swimming and diving champion.

**Fiscal Impact:** Minimal financial impact is anticipated – the cost of banners and plaques is the only additional cost.

**Rationale:** While the majority of SJS sports offer multiple divisions swimming and diving has only one division. These championships have been dominated by a small group of schools for the past forty years. In the past forty years there have only been 7 different champions on the girls side and only 5 different champions on the boys side. Adding the possibility of championships for schools with smaller enrollments will provide additional incentive for those teams and also increase interest in the section swimming and diving finals.

# **Current Bylaw**

2700.11.d. Awards

- 1. The Sac-Joaquin Section will award a championship pennant for boys varsity and girls varsity.
- 2. The Sac-Joaquin Section will award 1<sup>st</sup> place frosh-soph awards; 2<sup>nd</sup> and 3<sup>rd</sup> place awards in all classes.

# **Proposed Bylaw**

2700.11.d. Awards

- 1. The Sac-Joaquin Section will award a championship pennant for boys varsity and girls varsity in three enrollment based divisions.
  - a. The divisions will be set by the Section Office.
- 2. The Sac-Joaquin Section will award 1<sup>st</sup> place frosh-soph awards; and 2<sup>nd</sup> place awards in all classes.



**To:** SJS Board of Mangers

Date: August 1, 2017

Re: Proposal – Revisions to Bylaw 206.2 – Failure to Submit Valid Change of Residence Eligibility Request (Form 206)

Implementation: Immediately

Proposal Originated: Sac-Joaquin Section Office

Proposal Discussed/ReviewedRecommendationExecutive Committee – August 16, 2017DiscussionExecutive Committee – September 28, 2017Unanimous Support (4-0)SJS Board of Managers – October 4, 2017First Reading

**Proposal Summary:** This proposal would eliminate the option of a \$100 fine being assessed, in lieu of forfeitures, to the school for failing to submit a Valid Change of Residence Request (Form 206) prior to a student-athlete competing in an interscholastic contest for the new school.

**Fiscal Impact:** Loss of \$ that go to the scholarship fund (between \$500-\$1200 yearly)

**Rationale:** At the April 7, 2017 State Federated Council meeting, CIF Bylaw 503.B.(1) – Uniform Administrative Oversight Penalty, was approved/passed. The passage of this bylaw results in the current Sac-Joaquin Section Bylaw (206.2) being less restrictive than the newly adopted state bylaw, which takes us out of compliance with CIF governance structure. Therefore, we must omit our bylaw.

# Sac-Joaquin Section Bylaw 206.2

A student must fill out a CIF Form 206 when his/her family-makes a valid change of address.

**PENALTY:** If the CIF Form 206 has not been submitted and approved prior to a student competing in a CIF approved sport for their new school, a school will be fined as follows:

a. A \$100 fine will be assessed to the school for each Form 206 that has not been submitted prior to the student competing in an interscholastic contest for the new school.

b. The school will forfeit all games in which the student competed if the school chooses not to pay the fine as stated above.

# NOTES:

- 1. The above situation will be implemented whether the student competed intentionally or unintentionally. The student will be deemed eligible once the 206 Form has been submitted to the Section office and approved by the Section Commissioner.
- 2. The Section Commissioner will send a letter to the principal notifying him/her of the fine and the timeline to submit the money to the Section office.
- 3. The \$100 fine is due in the Section office one week after the school has received the letter from the Section Commissioner notifying the principal that a student competed in an interscholastic contest without completing a CIF 206 Form. The Section Commissioner will disregard the forfeits when the member school pays the \$100 fine in a timely manner.
- 4. All monies collected from fines will go directly into the Sac-Joaquin Section A. Dale Lacky Scholarship program.

# <u>Bylaw 503.B.(1)</u> Ineligible Athletes

Ineligible students shall not compete as representatives of the school in any CIF contest.

(1) Uniform Administrative Oversight Penalty

In the case where it is determined by the CIF Section that an ineligible student competed due to the failure of the school administration to submit proper CIF Section transfer eligibility application or forms which would have, had it been submitted in a timely manner and reviewed by the section, otherwise been granted immediate eligibility in that sport(s) in which the student participated prior to the appropriate paperwork being submitted.

First Offense

- a. The school will forfeit only the initial game won or tied, regardless of the number of contests in which the ineligible student participated.
- b. The school will submit to the CIF Section a corrective action plan approved by the principal and the superintendent.
- c. The school will submit a report at the conclusion of the school year on the actions and corrections made under the action plan.

Second Offense within a school year calendar

- a. The school will forfeit only the initial game won or tied, regardless of the number of contests in which the ineligible student participated.
- b. The school will submit to the CIF Section a corrective action plan approved by the principal and the superintendent.
- c. The school will submit a report at the conclusion of the school year on the actions and corrections made under the action plan.
- d. The school will be prohibited from "hosting" its first home playoff game in the sport where the forfeiture was applied.

(Approved April 2017 Federated Council)

V.B.2.



CALIFORNIA INTERSCHOLASTIC FEDERATION

SIF STATE OFFICE - 4858 UNCLINERN DRIVE - SACRAMENTO, CA 05834 • PG: 855-228-4471 • FT: 816-228-4474 • WWW.CIPSTATE.DEI

To: Executive Committee

Date: July 27, 2017

Re: Proposal to Revise Bylaw 207, International Student Eligibility

Proposal Originated: Commissioner Committee in response to Federated Council Roundtable Discussion January 2017

# Proposal Reviewed

01/27/2017 – Federated Council Roundtable 02/22/2017 – Executive Committee 03/14/2017 – Commissioners Committee 06/06/2017 – Commissioners Committee 08/23/2017 – Executive Committee 10/05/2017 – Executive Committee 10/06/2017 – Federated Council 02/02/2018 – Federated Council

# Proposal Recommendation

Discussion Discussion Discussion Proposed Revisions, Support 7-2-1 1<sup>st</sup> Reading Completed Action 1<sup>st</sup> Reading Action

Type: Bylaw Revision

Next: Federated Council Action - February 2, 2018

# **Proposal Summary:**

The Commissioners Committee is proposing a revision in Bylaw 207.B.(4) iv. that would further clarify the athletic eligibility of international students who are not in an approved Foreign Exchange Program who transfer without a valid change of residence.

# Background:

On January 27-28, 2017 members of the Federated Council were asked to discuss issues and concerns during roundtable discussions focusing on the future of Education Based Athletics and challenges that the CIF may face. The process concluded with the council prioritizing these future challenges and to offer strategies that might be implemented to address these issues.

One of the top prioritize eligibility concerns were "Home School, Foreign and International Students and Alternative School Students." The Commissions Committee has separated each of these issues into separate items and are bring forward a proposal addressing the Foreign and International students transfer eligibility at this time.

Alternative School Student and Home School Student Bylaws are currently in continued discussion by the Commissioners Committee and sub-committees.

#### 207. TRANSFER ELIGIBILITY

- A. Determination of Transfer Student Status-Standards of Enrollment See also 201.A. (3)
  - (1) A student shall considered to be a transfer student when:
    - a. The student has attended class at their former school (School A); AND/OR (Revised April 2016 Federated Council)
    - b. The student has played in an athletic contest for their former school; AND/OR
    - c. The student has tried out for or practiced with a team prior to the beginning of the school year for five (5) days or more; AND
    - d. That student withdraws from School A or has completed the courses in which they were enrolled in at School A, so that student is no longer enrolled in any way at School A; AND
    - e. That student enrolls as a full-time student in a new school (School B).

THEN that student shall be determined to be enrolled in and having transferred to School B if all conditions of 201.A.(1) are met.

- (2) Students may not practice with or participate in an interscholastic athletic contest for the new school prior to establishing enrollment in the new school meeting these enrollment standards except if they are transferring at the beginning of the school year and practice for that season of sport begins prior to the first day that school and classes begin. These conditions must be met even if prior to this such a student has registered for classes and/or paid a non-refundable registration fee to the new school.
  - a. For eligibility purposes, students cannot have dual enrollment in two different schools at the same time. During the time a student is intending to transfer schools, has registered for classes at the new school and/or paid a non-refundable registration fee at the new school, but still remains enrolled in the former school, the student will be considered to be enrolled in the former school. Only at such time as the student has withdrawn from or has completed the courses in which they were enrolled at the former school, and is no longer enrolled in any way at the former school, shall that student be considered as having "transferred" to the new school. This applies to 8th graders matriculating the following school year to 9th grade in a CIF member school.
- (3) No one associated with the athletic program at the new school may perpetrate any violation of Bylaw 510 or have inappropriate pre-enrollment contact as outlined in Bylaw 207.B or 510 prior to their enrollment in the new school as defined above. [See also Bylaw 201.A (4)]

Q: What is meant by an athletically motivated move or transfer?

A: Based on the CIF philosophy that students "attend school to receive an education first; athletic participation is secondary" [Bylaw 200 A. (2)], individual Section Offices may limit eligibility for a student when there is evidence the transfer, or move is made to acquire athletic participation at School B. Such evidence of an athletically motivated move may be, but is not limited to:

- A demonstrated move or transfer that is prompted by association with club programs or outside agencies that use the facilities of the new school.
- A demonstrated move or transfer to a school with which the student has had an athletic association.
- A move or transfer to a school by a student who is associated with outside agencies that use the facilities or personnel at the new school of attendance.
- The preponderance of credible evidence the move was not made in good faith to secure greater educational advantage for the student.
- Evidence that multiple students have transferred or changed schools to participate in a particular sports program at one school(510.E).

The standard applied to the evidence of "athletic motivation" is that which is associated with a student move or transfer proffered to a hearing officer or Section Commissioner is that which a responsible person acting in a thoughtful manner would judge be with "athletic motivation."

#### B. CIF Transfer Rule

All students transferring at any time during their enrollment in high school to a CIF member school after their initial enrollment in the 9th grade in any school (referred to as Former School or School A) shall have their eligibility determination made in compliance with the following 207.B. bylaws except:

- Those making a valid change of residence (Bylaw 206); OR
- Those transferring to or from a CIF member school under the auspices of a CIFapproved foreign exchange program (Bylaw 208); OR
- Those transferring as a result of discipline (Bylaw 209).

#### NOTES:

**Emancipated Minors:** This bylaw also applies to students 18 years of age or older and emancipated minors.

**No Child Left Behind Act:** Students transferring to another school under any provision of the federal legislation "No Child Left Behind Act" are not residentially eligible at their new school. However, a student may become eligible under the provisions of the appropriate Section and State CIF Constitution and Bylaws.

**Boarding School:** A high school student who transfers to or from the status of a full-time resident at a 24-hour boarding school shall be subject to all provisions of Bylaw 207.

#### (1) Mandatory Applications for Eligibility Determination

All such transfer students addressed in 207 must complete the respective CIF Section-required 207/510 Application form. This form must be submitted to the CIF Section for an eligibility determination which the CIF Section Commissioner shall render in writing within twenty (20) business days of receipt unless a shorter timeframe has been so designated. No transfer student is eligible to compete for their new school of enrollment until a determination has been made by their respective CIF Section. (See also Bylaws 501, 510 and 700.) (*Revised January 2016 Federated Council*)

#### (2) **Pre-Enrollment Disclosure Requirements**

[Please see also Bylaws 201.A.(1) & (4) and 510]

Any and all pre-enrollment contact of any kind whatsoever with a student must be disclosed by the student, parent(s)/guardian(s)/caregiver, and the schools involved to their respective CIF Section office on a completed CIF Pre-Enrollment Contact Affidavit (CIF Form 510). Preenrollment contact may include, but is not limited to: any communication of any kind, directly or indirectly, with the student, parent(s)/guardian(s)/caregiver, relatives, or friends of the student about the athletic programs at a school; orientation/information programs, shadowing programs; attendance at outside athletic or similar events by anyone associated with the school to observe the student; participation by the student in programs supervised by the school or its associates before enrollment in the school per Bylaws 201.A.(1) & (4).

- (3) Transfers to a CIF Member School (described as New School or School B) From Schools (described as Former School or School A) Located in the United States, a U.S. Territory, Canada or a U.S. Military Base (referred herein as Domestic Transfers) Such transfer students who meet all other requirements for eligibility outlined in bylaws will be granted unlimited residential eligibility in all sports at all levels at the new school except:
  - a. In any sport(s) in which the transfer student has competed at any level at the former school(s) in the 12 calendar months immediately preceding their transfer to the new school, the student will be limited to sub-varsity (limited) eligibility in those sports;
  - b. No student shall be eligible to participate in the same sport at two different schools in the same school year;
  - c. If the transfer is determined to be athletically motivated. Athletically motivated transfers may be considered prima facie evidence that the student enrolled in that school in whole or in part for athletic reasons and cause the student to be ineligible for

participation in those sports in which the student participated at the former school as outlined in Bylaws 510 and 207.C. (3) & (4). (See also Bylaw 510);

- d. The transfer is not determined to be based upon a disciplinary situation (See CIF Bylaw 209);
- e. The student meets all other provisions of all CIF Bylaws.

The student shall have unlimited residential eligibility for all sports at all levels under Bylaw 207 after having been enrolled for 12 calendar months from the date of transfer to the new school.

**NOTE:** Refer to (5) below for applications for transfer eligibility limitations determinations and exceptions.

#### (4) Foreign International Transfers Not in a CIF-Approved Foreign Exchange Program (referred herein as Foreign Transfers)

Students who transfer to a CIF Member school (described as New School or School B) from:

- Any school (described as Former School or School A) which is located outside of the United States, a U.S. Territory, U. S. Military Base or Canada; AND
- Who are not enrolled in the CIF member school under the auspices of a CIF-approved foreign exchange program; AND

• Who meet all other requirements for eligibility in the CIF and Section bylaws. THEN they may be granted unlimited residential eligibility in all sports at all levels at the new school except:

- In any sport(s) in which the transfer student has competed at any level for a club or school team, in the 12 calendar months immediately preceding their transfer to the new school. The student will be limited to sub-varsity (limited) eligibility in those sports. For the purpose of this bylaw, any and all organized sports programs (e.g. youth teams, community teams, club teams, national teams at any level or individualized instruction for competition in development schools or programs) in which the international student competed on, or participated within the last 12 months, will be considered by the CIF in determining whether the student participated in the equivalent of interscholastic competition; AND
- ii. No student who has participated with a club or school team as described in *i*. **a**., shall be eligible to participate in the same sport at the CIF member school within the same 12-month period (See also Bylaw 504,L.); AND
- iii. If the transfer is determined to be athletically motivated. Athletically motivated transfers may be considered prima facie evidence that the student enrolled in that school in whole or in part for athletic reasons and cause the student to be ineligible for participation in those sports in which the student participated at the former school. (See also Bylaw 510)
- iv. International students who are not participating in a CIF approved foreign exchange program are not eligible for the Sit-Out Provision.

The student may be granted unlimited residential eligibility for all sports at all levels under Bylaw 207 after having been enrolled for 12 calendar months from the date of transfer to the new school.

In Addition, Such Foreign International Transfers Must:

- Possess a valid visa, allowing them to attend school, issued by the U.S. Immigration and Naturalization Service or be a U.S. citizen who has been attending the equivalent of a United States high school secondary educational program outside of the United States; AND
- Provide to the principal of the school he/she attends an official un-translated transcript and a transcript that is translated into English, by an agency acceptable to the Section

from the National Association of Credential Evaluation Service (NACES) membership, which indicates work taken in all grades in which the student was enrolled; the grade level equivalent in the United States as if the international student had completed all courses attempted satisfactorily; and the California grade-point average equivalent; AND

- If required, the foreign international transfer student must pay tuition to the school/school district he/she attends as prescribed in Education Code Section 48052 et seq.; AND
- Be subject to the maximum of eight (8) consecutive semesters Bylaw 204; AND
- Be subject to the age requirement Bylaw 203; AND
- Not have graduated from high school. If they should have graduated, or have completed the equivalent coursework for graduation from high school/secondary school, the student is ineligible to participate in CIF competition; AND
- Not have the school's coaching staff, paid or voluntary, serve as the resident family for the foreign international transfer student.

**NOTE:** CIF Sections may require individual students to have their school records/transcripts from the school from which they are transferring evaluated by an outside agency at the students or school expense.

(5) Applications for Transfer Eligibility Limitations, Determinations and Exceptions The CIF recognizes that, in certain circumstances, students may transfer from one school to another due to a compelling hardship need or situation that is beyond a student's or their family's control. In response to such cases, the CIF allows for the CIF Section to make an exception to the limited eligibility status whenever they transfer and the case meets one of the hardship circumstances outlined in Bylaw 207.B.(5) c.(viii). The first time a student transfers in high school, they may utilize the Sit Out Period exception covered in Bylaw 207.B.(5) b. below if they meet all of the conditions required. Any student whose transfer circumstances do not meet the conditions required by these two options, will have their residential eligibility determined in compliance with 207.B.(5)a. as long as they meet the conditions required in that Bylaw.

**NOTE:** Foreign Transfers as described in 207.B.(4) above are subject to all provisions of 207.B.(5) that follows except that whenever there is a reference to "sports in which the student has participated at their previous school" foreign students shall read "sports in which the student has participated at their previous school or on any club team."

a. Limited Eligibility Applications

Any student who submits a limited eligibility application to their respective CIF Section may be made eligible to play at the sub-varsity level in any sports in which they have participated at any previous school in the 12 months prior to this transfer under the following conditions:

- (i) The student was academically eligible at the time of transfer from the former school. Students who are academically ineligible at their previous school will not be eligible to compete at their new school until the requirements in Bylaw 205 are met and the new school has completed a grading period to verify that the student has met the CIF and school district academic eligibility requirements. A student cannot "gain" academic probation at the new school to fulfill this requirement if not available at prior school; AND
- (ii) The principal of the former school attests in writing that the move was not made in violation of Bylaw 510; AND
- (iii) The student is not transferring either voluntarily or because their former school has determined they must withdraw, because of a disciplinary infraction at the former school as defined in Bylaw 209.C. (1); AND

- (iv) The student is not found by the CIF Section to have transferred to a school where their former high school coach has relocated or where a club coach, with whom they have been associated, is coaching per Bylaw 207.C.(3) or (4); AND
- (v) No student shall be eligible to participate in the same sport at two different schools in the same school year unless the student changed schools as a result of a valid change of residence or pursuant to a hardship approved by their respective CIF Section; AND
- (vi) A completed 207/510 Limited Transfer Application is received by the respective CIF Section office and has been processed and approved; AND
- (vii) The student who is approved by their respective CIF Section office and competes in a contest at the sub-varsity level following such approval and before the Sit Out Period (SOP) dates described in B.(5)b.(ix) below, is ineligible for and may not compete at the varsity level in that sport for the remainder of that school year. This applies through the end of any Section, Regional or State championship finals in that sport; AND
- (viii) The student has not been determined by their respective CIF/Section Office or the CIF to have made a transfer or change in schools in violation of Bylaw 510.
- b. Varsity Eligibility Applications (Non-Hardship Sit Out Period) Any student who transfers for the first time since their initial enrollment in the 9th grade in any school, or if the first transfer of schools for this student was granted due to an approved CIF hardship [see 207.B.(5).c], or a valid change of residence and whose circumstances causing the transfer do not meet any of the Hardship Exceptions outlined in c.(viii) below, may become eligible for varsity competition for the sport(s) in which they competed in the last 12 months at the former school or any other school, upon
  - submission, review and approval by their respective CIF Section under the following provisions:(i) This is the student's first transfer since they first enrolled anywhere in the 9th
  - grade or had their first transfer determined to be a CIF hardship circumstance [207.B.(5).c.]; or a valid change of residence AND
  - (ii) The student was academically eligible at the time of transfer from the former school; AND
  - (iii) The principal of the former school attests in writing that the move was not made in violation of Bylaw 510; AND
  - (iv) The student is not transferring either voluntarily or because their former school has determined they must withdraw, because of a disciplinary infraction at the former school as defined in Bylaw 209.C. (1); AND
  - (v) The student is not found by the CIF Section to have transferred to a school where their former high school coach has relocated or where a club coach with whom they have been associated is coaching, per Bylaw 207.C.(3) or (4); AND
  - (vi) The student has not been determined by their respective CIF/Section Office or the CIF to have made a transfer or change in schools in violation of Bylaw 510; AND
  - (vii) No student shall be eligible to participate in the same sport at two different schools in the same school year unless the student changed schools as a result of a valid change of residence or pursuant to a hardship approved by their respective CIF Section; AND
  - (viii) The student has not competed at the new school at the sub-varsity level in that sport following the transfer during the current school year; AND
  - (ix) The student shall remain out of any competition at any level in each sport in which they competed in the last 12 months at the former school or any other school in accordance with the following Sit Out Periods (SOP):

- Fall Sports: The Monday of the NFHS week 14
  - 2015: October 5
  - 2016: October 3

**NOTE:** In order to promote gender equity and ensure participatory comparability for female athletes with respect to the SOP in the sports of golf and tennis, the CIF Sections shall adjust their SOP eligibility dates in the sports of girls' golf and girls' tennis, if needed.

- Winter Sports: The Monday of the NFHS week 27 2016: January 4 2017: January 2
  - 2017. January 2
- Spring Sports: The Monday of the NFHS week 40
  - 2016: April 4
  - 2017: April 3
- The student who transfers to a school after School B's first game will have an SOP equivalent in calendar days to the SOP of all other students who transferred before the season started. The respective CIF Section Office will provide the actual date once the proper forms are received, reviewed and approved.

Q. My son was denied the Sit-Out Period. May we appeal this ruling? A: No.

c. Unlimited Eligibility Applications

Exceptions to the determination of limited eligibility under 207.B. (application for unlimited residential eligibility in all sports) may be applied for by the new school (CIF Form 207/510) on behalf of the student. Consideration for unlimited residential eligibility will be given by the respective CIF Section upon review of the application only under the following provisions.

- (i) The student was scholastically eligible at the time of transfer from the former school. Students who are scholastically ineligible at their previous school will not be eligible to compete at their new school until the requirements in Bylaw 205 are met and the new school has completed a grading period to verify that the student has met the CIF and school district scholastic eligibility requirements. A student cannot "gain" academic probation at the new school to fulfill this requirement if not available at prior school; AND
- (ii) The student is NOT transferring, either voluntarily or because their former school has determined they must withdraw, because of a disciplinary infraction at the former school as defined in Bylaw 209.C.(1); AND
- (iii) The student is not found by the CIF Section to have transferred to a school where their former high school coach has relocated or where a club coach, with whom they have been associated, is coaching per Bylaw 207.C.(3) or (4) & 510.E; AND
- (iv) The student has not been determined by their respective CIF/Section Office or the CIF to have made a transfer or change in schools in violation of Bylaw 510 AND
- (v) The student has not competed at the new school at the sub-varsity level in that sport at any time following the transfer to the new school; students who chose to play at the sub-varsity level under the provisions outlined in (5)a. (Limited Eligibility Applications) above may not subsequently be granted unlimited eligibility for that same sport during the same season at the new school; AND
- (vi) No student shall be eligible to participate in the same sport at two different

schools in the same school year unless the student changed schools as a result of a valid change of residence or pursuant to a hardship approved by their respective CIF Section; AND

- (vii) A completed 207 Unlimited Transfer Application and documentation required by the CIF Section is received by the respective CIF Section office and has been processed, reviewed and approved; AND
- (viii) One of the following hardship circumstances is documented to the satisfaction of the respective CIF Section:
  - (a) Court-Ordered Transfers

(b)

(c)

(d)

Unlimited eligibility may be granted by the CIF Section in which the student's new school is located in cases where a student is residentially placed from one school attendance area to the attendance area of the new school by a court order or a child protection order and all provisions listed above in c.(i-vii) are met. The student may be determined to have unlimited residential eligibility upon receipt of the 207/510 application and sufficient documentation (including but not limited to a copy of the court order) to satisfy that CIF Section Commissioner that the circumstances meet this criteria. The student will become eligible for varsity competition upon notification to the new school of the approval of such an application by the CIF Section.

- Children of Divorced Parents Unlimited eligibility may be granted by the CIF Section in which the student's new school is located when a student changes residence from one parent's domicile to the other parent's domicile as a result of a court-ordered custody change, or court ordered or approved joint custody agreements and all provisions listed above in c.(i-vii) are met. The student may be determined to have unlimited residential eligibility upon receipt of the 207/510 application and sufficient documentation (including but not limited to a copy of the divorce papers and custody agreements) to satisfy that CIF Section Commissioner that the circumstances meet this criteria. The student will become eligible for varsity competition upon notification to the new school of the approval of such an application by the CIF Section. Individual Student Safety Incidents
  - Unlimited eligibility may be granted by the CIF Section in which the student's new school is located when a student is transferring as a result of a specific, documented safety incident in which the student was involved and all provisions listed above in c.(i-vii) are met. The student may be determined to have unlimited residential eligibility upon receipt of the 207/510 application and sufficient documentation is submitted to satisfy that CIF Section Commissioner that the circumstances meet this criteria. Required documentation may include, but is not limited to, administrative records and documentation from the former school about the specific safety incident that occurred at the former school and/or police records (if any). The student will become eligible for varsity competition upon notification to the new school of the approval of such an application by the CIF Section. **Discontinued Program**

When the former school, in which a student has been enrolled, discontinues a particular program in which the student had previously been enrolled or participated, and that student transfers to another school because of these circumstances, the student shall be determined to be residentially eligible for unlimited participation in the new school provided that new school offers a continuation of that same program and the student can show documentation that they were enrolled in or participated in that program at the former school and are currently enrolled or participating in that same program at the new school.

#### (e) Return to Previous School

When a student eligible in School A transfers to School B and is residentially not eligible, the student may return to School A and shall be determined to be residentially eligible for unlimited participation in interscholastic sports provided the student did not participate in an interscholastic athletic contest while at School B and provided the student's parent(s)/guardian(s)/caregiver still reside in School A's attendance area.

#### (f) Foster Children

A student who: (1) is under the court-ordered supervision of the California Foster Care System who has changed residences pursuant to a court order and as a result, has transferred schools, OR (2) is homeless as defined by 42 U.S.C. § 11302; shall be determined to be residentially eligible for unlimited participation in interscholastic athletics provided all other CIF rules and regulations are met. Under circumstance (1), a change of residence ordered by a social worker of the California Foster Care System shall be acceptable, provided all other CIF rules and regulations are met. Under circumstance (2), a determination by a Local Education Agency that the student meets the definition of homeless shall be acceptable, provided all other CIF rules and regulations are met. A subsequent transfer of schools by a homeless student while continuing to reside in the same residence/locale where the LEA declared the student "homeless" is subject to the transfer provisions of Bylaw 207. Section Commissioners shall render eligibility determinations for foster children and homeless children within fifteen (15) business days of receipt.

(Revised January 2016 Federated Council)

#### (g) Military Service

A student shall be determined to be residentially eligible for unlimited participation interscholastic athletics when returning from military service provided:

- The student was eligible when the student entered into the Armed Forces; AND
- The student enrolls in the same school which the student attended before leaving for the service, or enrolls in the school in the district in which the student's parent(s)/guardian(s)/caregiver reside; AND
- The student enrolls in the school no later than the succeeding semester after being discharged; AND
- Provided student did not receive a dishonorable discharge; AND
- The student is fully eligible under all other rules of the CIF.

#### (h) Married Status

A student who marries and lives with the student's spouse shall be

determined to be residentially eligible for unlimited participation in interscholastic athletics in the school in the attendance area in which the student and their spouse resides.

(i) Board of Education Ruling

A student, or group of students, who transfer as a direct result of a ruling by the Board of Education of a school district that has two or more high schools and which mandates a change of school attendance boundaries shall be determined to be residentially eligible for unlimited participation in interscholastic athletics in the school in the attendance area in which the student(s) are required to attend, provided the Board of Education Ruling is not a result of a disciplinary situation.

- **Open Enrollment Act Schools/Low Achieving Schools** (j) A student at any grade level may transfer from an open enrollment act school/low achieving school, as defined by the State Department of Education and on the annual published list, without limitation upon receipt of a valid CIF Form 207. Any student transferring under the provisions of this bylaw must meet all other applicable eligibility guidelines [see Bylaws 203, 204, 205, 207.B(1), 210]. Students may not receive unlimited eligibility if there is evidence that the transfer is athletically motivated, or there is undue influence or pre-enrollment contact (see Bylaw 207.C). All requests for athletic transfer eligibility (Bylaw 207) must be accompanied by a copy of their district-approved transfer documentation/form under the applicable district guidelines. Students transferring under the provisions of this Bylaw may transfer to a public school, including a charter school (that is or is not on the list of open enrollment act schools/low achieving schools) as long as the school to which a student transfers has a higher API than the student's current school. The school to which the student transfers must be to either the geographically closest public school or the geographically closest charter school to the residence of the student and to the parent(s)/guardians(s)/caregiver(s) with whom the student was living when the student established residential eligibility at the open enrollment act school/low achieving school. To obtain athletic eligibility at a school other than the closest public or charter school, a student must apply for, and be granted, a hardship waiver pursuant to other CIF eligibility rules.
- Q: Why are charter schools included?
- A: Charter schools are considered public schools and are included on the list of Low Performing Schools and are subject to this bylaw.
- Q: Does this bylaw apply to private schools?
- A: No. Private schools do not have an API score and therefore there is no score to measure where they stand.
- Q: My school is on the open enrollment act school/low achieving school list. I want to go to a school that is not the geographically closest higher performing school. Am I eligible?
- A: No. This bylaw indicates you are eligible at the next geographically closest higher performing school.
- Q: What if the next geographically closest school is impacted and closed to new

students?

- A. You would be eligible at the next geographically closest school as long as that school is a higher performing school.
- d. Appeals

All eligibility determinations made by the respective CIF Section office under the provisions of 207.B.(5)c. are final as all of these hardship circumstances are factual in nature and can be documented. Students whose eligibility determinations are made because they do not meet one of the criteria outlined below in 207.C. or in 510 may appeal that portion of their eligibility determination in accordance with Bylaw 1100. Students may appeal a determination by their respective CIF Section if they have been found to not meet the following criteria:

- (i) 207.B.(5)a.(ii) or b.(iii)-Conflict with Coach at former school
- (ii) 207.B.(5)a.(iv) or b.(v) or c.(iii)-Following Coach

C. **Pre-Enroliment Communication or Contact (Domestic and Foreign International Transfers)** A student who transfers from School A to School B, as described in Bylaws 207.A. and 207.B. above, shall not be eligible for interscholastic athletics at School B until application under the appropriate CIF Section procedures is completed, including the following:

(1) Mandatory Parent/Student Certification

[Please see also Bylaws 201.A.(1) & (4), 207.B.(2) and 510]

Any and all pre-enrollment contact of any kind whatsoever with a student must be disclosed by the student, parent(s)/ guardian(s)/caregiver, and the schools involved to their respective CIF Section office on a completed CIF Pre-Enrollment Contact Affidavit (CIF Form 510). Preenrollment contact may include, but is not limited to: any communication of any kind, directly or indirectly, with the student, parent(s)/guardian(s)/caregiver, relatives, or friends of the student about the athletic programs at a school; orientation/ information programs, shadowing programs; attendance at outside athletic or similar events by anyone associated with the school to observe the student; participation by the student in programs supervised by the school or its associates before enrollment in the school per Bylaws 201.A.(1) and (4).

#### (2) Mandatory Former School Certification

The principal and athletic director of School A shall attest that to the best of their knowledge they have no credible evidence\* of any person: who is connected with the athletic department of School B; who is part of the booster club of School B; or who is acting on their behalf, having communication, directly or indirectly, through intermediaries or otherwise, with the transfer student, student's parent(s)/guardian(s)/caregiver, or anyone acting on behalf of the student, prior to the completion of the enrollment process.

#### **Definition of Credible Evidence**

\*Credible evidence is considered as evidence which proceeds from a trustworthy source; evidence which is so natural, reasonable and probable as to make it easy to believe; information which is obtained from authentic sources or from the statements of persons who are not only trustworthy, but also informed as to the particular matter; that which is not mere speculation, or rumor.

#### (3) Mandatory New School Certification

The principal, athletic director and head coach of School B shall certify that to the best of their knowledge, no person: who is connected with the athletic department of School B; who is part of the booster club of School B; or who is acting on their behalf, has had communication,

directly or indirectly, through intermediaries or otherwise, with the transfer student, student's parent(s)/guardian(s)/caregiver, or anyone acting on behalf of the student, prior to the completion of the enrollment process.

## (4) Club Coach Association with new School (student transfers to a new school which a coach from the student's non-CIF sports participation experience is associated) The transfer of a student from his or her current school of attendance with or without a valid change of residence (Bylaw 206) to any CIF member high school where the student participated

or participated, during the previous 24 months, on a non-school athletic team, (i.e. AAU, American Legion, club team, etc.) that is associated with the new school in the sports previously participated in shall be considered prima facie evidence (sufficient evidence) of undue influence/recruiting by the school to which the student transfers. Such transfer may be considered prima facie evidence (sufficient evidence) that the student enrolled in that school in whole or part for athletic reasons. A team associated with the school is one that is organized by and/or coached by any member of the coaching staff at, or any other person associated\*\* with, that school and/or on which the majority of the members of the team (Participants in practice and/or competition) are students who attend that school. When a prima facie case (sufficient evidence) of undue influencing/recruiting exists, the student shall be ineligible to represent the new school in interscholastic athletic competition for a period of one calendar year from the date of the student's enrollment in the new school in all sports in which the student participated at any school in the last 12 months and/or the sport with which the coach referenced herein is associated, unless sufficient proof is presented to the satisfaction of the Section Commissioner that rebuts or disproves the evidence of undue influence/recruiting for athletic reasons.

#### **Definition of Persons Associated With School**

\*\*Defined as: Persons associated with a school include, but are not limited to; current or former coaches, current or former athletes, parent(s)/guardian(s)/caregiver of current or former student/athletes, booster club members, alumni, spouses or relatives of coaches, teachers and other employees, coaches who become employed, active applicants for coaching positions, and persons who are employed by companies or organizations that have donated athletic supplies, equipment or apparel to that school.

- (5) Relocation of Former High School Coach (Domestic and Foreign International Transfers) A student at any grade level who transfers to a new school within one calendar year of the relocation of his/her former high school coach to that school with or without a corresponding valid change in residence shall be considered prima facie evidence (sufficient evidence) of undue influence/recruiting by the school to which the student transfers or may be considered prima facie evidence (sufficient evidence) that the student enrolled in that school in whole or in part for athletic reasons (See Bylaw 510). When a prima facie case (sufficient evidence) of undue influence/recruiting exists, the student shall be ineligible to represent the new school in interscholastic athletic competition for a period of one calendar year from the date of the student's enrollment in the new school in all sports in which the student participated at any school in the last 12 months and/or the sport with which the coach referenced herein is associated, unless sufficient proof is presented to the satisfaction of the Section Commissioner that rebuts or disproves the evidence of undue influence/recruiting for athletic reasons.
- (6) Athletically Motivated Transfers (Copied from Bylaw 510.E.) The CIF, as the governing body of high school athletics, affirms that athletic competition is an important part of the high school experience and that participation in interscholastic athletics is a privilege. The privilege of participation in interscholastic athletics is available to students in public or private schools who meet the democratically established standards of qualification as set forth by the CIF Federated Council. As stated in CIF Bylaw 200.A.(6) the CIF Bylaws shall serve as a deterrent to students who transfer or change schools for athletic reasons and to individuals who attempt to recruit (unduly influence) student-athletes or their parents to enroll in a school because of athletics. As stated in CIF Bylaw 200.A.(2) the CIF Bylaws reinforce the principle that students attend school to receive an education first; athletic participation is secondary. CIF Bylaws provide for individual Section Offices to limit eligibility for a student when there is evidence the transfer, or move is made to acquire athletic participation at their new school (School B). Students may be determined by their respective CIF/Section Office or the CIF to have made an athletically motivated transfer or change in schools under any of the basis listed in CIF Bylaw 510.E.(1)-(4).

#### (7) Disclosure

Any pre-enrollment communication as described above must be disclosed in full, and in

	<ul> <li>writing, to the appropriate Section. The Section Commissioner shall determine if the pre- enrollment communication is a violation of Bylaw 510.</li> <li>(8) Clearance of Pre-Enrollment Contact A student with whom contact or communication has occurred, as described in C.(1) above, and who meets all other CIF Section transfer waiver requirements, may become eligible upon determination that:</li> </ul>
	<ul> <li>The communication was completely unrelated to any aspect of School B; AND</li> <li>Was of a type that, from the objective point of view of a reasonable person disinterested in the win/loss record of School B, does not have an effect upon the integrity of interscholastic athletics at School A or School B.</li> </ul>
	<ul> <li>(9) Penalties Failure to disclose pre-enrollment communication with School B persons, identified in C.(2) above, to disclose any pre enrollment contact, or communicate in writing to the appropriate Section as described in C.(3) above may result in: <ul> <li>a. A forfeiture of all games in which the student participated; AND/OR</li> <li>b. Disqualification from playoff and championship competition for all seasons in which the student is a member of the school's team. (A student shall be considered a member of the school's team if he or she participated in any aspect of an interscholastic contest, no matter how brief such participation may have been; AND/OR </li> </ul></li></ul>
	<ul> <li>c. Divestment from the school of all trophies, banners and other indicia of athletic success obtained while the student was a member of the school's team.</li> <li>(10) Appeals         Students whose eligibility determination is made by the Section Commissioner that the prima facie evidence has not been successfully rebutted by sufficient proof to satisfy said Commissioner under the provisions of 207.C.(4), (5), or (6) and/or 510 may appeal that portion of their aligibility determination is made by the D the 1100     </li> </ul>
Question:	of their eligibility determination in accordance with Bylaw 1100. May a coach in a practice swim or track meet permit an ineligible student to compete if he/she places the student in an outside lane and does not count that athlete's point(s)?
Answer:	No. An ineligible student may practice with their high school squad (if allowed by the school and league) but may not participate in any capacity in an interscholastic athletic contest.
Question: Answer:	May an ineligible student play on a second team in a game against another high school? No.
Question:	May a $JV$ or freshman team be comprised of one or more ineligible players when competing against another school?
Answer:	No

#### **DEFINITION OF TERMS**

**Immediate Family** — Includes parent(s)/guardian(s)/caregiver, stepparents and minor siblings with whom the student resided when "Initial Residential Eligibility" was established.

**Initial Residential Eligibility** — Under CIF rules and regulations, students establish their "Initial Residential Eligibility" at their school of choice entering the 9th grade or the 10th grade of a three (3)-year high school. **Limited Eligibility** — Students granted limited eligibility are limited for one (1)-year (from the date of transfer) to non-varsity competition in the CIF sports they participated in during the previous 12 calendar months but may participate in varsity competition in all other CIF sports.

**Prima Facie** — A legal term that means at first sight; on the first appearance: on the face of it; a fact presumed to be true unless disproved by some evidence to the contrary. A prima facie case is one in which the evidence presented is sufficient proof for the plaintiff (Section) to win its case of undue influence. In such a case, the defendant (school) must successfully refute the evidence for the student to gain eligibility.

VB3



# Reger L. Blake, Executive Director

24F STATE AFFICE - AE5A BREXINERN BRIVE - SACRANENTE, CA 95634 - PH-916-239-4477 - FX: 918-239-4477 - WWW.CIFSTE

**Federated** Council To:

Date: August 24, 2017

#### Re: Proposal to Delete Bylaw 1605 as redundant

**Proposal Originated: Editorial Committee** 

#### **Proposal Reviewed**

05/27/2017 - CIF Constitution & Bylaws Editorial Committee Proposed Deletion 06/06/2017 - Commissioners Committee 08/23/2017 - Executive Committee 10/05/2017 - Executive Committee (Action Item) 10/06/2017 - Federated Council (1<sup>st</sup> Reading) 02/02/2018 - Federated Council (Action Item)

Proposal Recommendation

Supported, 8-2 1<sup>st</sup> Reading

Type: Bylaw Deletion

Next: 02/02/2018 - Federated Council

#### **Proposal Summary:**

The Editorial Committee and the Commissioners Committee are proposing the elimination of Bylaw 1605, Length of Basketball Coaching Box, as the rule is enforced by Bylaw 1201 and the NFHS Basketball Rule Book.

#### **Background:**

CIF Bylaw 1201 states that "In all team sports, where rules are written by the NFHS, the NFHS Rules Book shall be official."

In 2001 and again in 2007, the CIF passed and revised our Bylaw mandating the length of the "Coaches Box" in the sport of Basketball. This mandate and revision was due to the protracted actions of the NFHS Basketball Rules Committee to come to consensus and forward a proposal to the NFHS Board of Directors so as the request of the Commissioners Committee in 2001, the CIF implemented its own rule.

The Editorial Committee feels our Bylaw is redundant and is enforced and under Bylaw 1201.

#### ARTICLE 160 BASKETBALL

#### 1600. GIRLS MODIFICATION

- The National Federation Basketball Rules shall be modified for girls basketball as follows:
- A. Utilization of 30-second shot clock.
- B. No 10-second rule in backcourt.
  - C. Utilization of five (5)-second count for holding the ball only.

#### 1601. BOYS MODIFICATION

The National Federation Basketball Rules shall be modified for boys basketball as follows:

A. Utilization of a 35-second shot clock.

#### 1602. UNIFORMS

The National Federation boys and girls uniform rules shall be waived to allow for the wearing of a shirt with diagonal or tailed lettering at the non-varsity level.

#### 1603. THREE (3)-PERSON OFFICIATING

Three (3)-person officiating teams may be used at all games in every round of the State Basketball Tournament. (Approved October 2000 Federated Council)

#### 1604. OFFICIAL NATIONAL FEDERATION AUTHENTICATION MARK

Only balls with the National Federation authentication mark shall be used in the sports of baseball, basketball, field hockey, football, lacrosse, soccer, softball, volleyball and water polo.

(Revised to include lacrosse November 2000 Federated Council)

#### 1605. COACHES' BOX

A-14-foot coaches' box will be utilized.

(Approved May 2001 Federated Council/Revised May 2007 Federated Council)

#### 16065. STATE CHAMPIONSHIP DIVISION PLACEMENT OF SCHOOLS

Boys and girls Regional and State Championships will be held following the completion of Section playoffs. The CIF Seeding Committee will determine the divisional placement of the Section entries for their respective regional tournament.

## NOTE: Sections still determine their own criteria for placement and seeding of schools within their own local playoff system.

(Approved May 2001 Federated Council/Revised 2002 Executive Committee/Revised February 2005 Federated Council/Revised May 2012 Federated Council/Revised May 2018 Federated Council/Revised May 2017 Federated Council/Revised April 2017 Federated Council)

#### 16076. MERCY RULE

At the conclusion of the third quarter or any point thereafter, if there is a point differential of 40 or more points, a running clock shall be instituted for the remainder of the game regardless of the score. This Bylaw applies to all levels of play.

(Approved May 2004 Federated Council)

#### ARTICLE 120 APPROVED SPORTS

#### 1201. OFFICIAL RULES BOOKS

A. In all student team sports, where rules are written by the National Federation, the National Federation of High Schools (NFHS) Rules Book shall be official. In student team sports where the National Federation does not write the rules, the NCAA rules scholastic division shall apply. In sports where neither the National Federation nor the NCAA writes the rules, the nationally recognized amateur association rules for that sport shall apply.

V.B.1.



CALIFORNIA INTERSCHOLASTIC FEDERATION

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: Federated Council

Date: August 24, 2017

Re: 2017-2018 Weighted Voting

Proposal Originated: Staff

### Proposal Reviewed

Staff - June 2017 08/23/2017 - Executive Committee Proposal Recommendation Forward to Executive Committee Reviewed and approved as correct.

Тура:

Next: October 6, 2017 Federated Council - Information Only

Summary: This item requires no action as per Bylaw 103 and is for information only.

**Fiscal Impact: None** 

#### **Background:**

B.

#### 103. WEIGHTED VOTING

- A. Votes cast at any Federated Council meeting shall be determined according to a weighted voting system. CIF Section votes shall be based upon:
  - (1) One (1) vote per 0-25 member schools; Plus
  - (2) One (1) vote per 0-25,000 students enrolled in the Section.
  - The Southern Section shall have weighted votes equal to double the second largest Section.
  - C. The composition of member schools and enrollment shall be reviewed every year based upon the prior year's
- CBEDS enrollment and adjusted accordingly.

(Revised May 2000 Federated Council)

- D. Weighted votes on the Federated Council shall be allocated as follows: Central 11, Central Coast 14, Los Angeles 14, North Coast 15, Northern 5, Oakland 2, Sac-Joaquin 18 19, San Diego 13, San Francisco 2, Southern 3638, State Department of Education 1, President 1, President-Elect 1, Past-President 1, California Coaches Association 1, California School Boards Association 1, Association of California School Administrators 1, California Superintendents Liaison Committee 1, California State Athletic Directors Association 1, California Association of Private School Organizations 1, California Association for Health, Physical Education, Recreation and Dance 1, California Activities Directors Association 1 (Total 142 145).
- **NOTE:** The number of votes approved for each Section at the Federated Council will be determined each school year in the spring and any necessary adjustments in the number of votes become effective in the first regular meeting of the following school year.

## 2017-18 CIF FEDERATED COUNCIL WEIGHTED VOTES BY SECTION

Revised 07/05/2017

					[	
CIF SECTION	2016-17 FEDERATED COUNCIL WEIGHTED VOTES	2016-17 NUMBER OF SCHOOLS	2016-17 9-12 ENROLLMENT	2017-18 FEDERATED COUNCIL WEIGHTED VOTES	2017-18 NUMBER OF SCHOOLS	2017-18 9-12 ENROLLMENT
CENTRAL	11	102 (5)	144,248 (6)	11	107 (5)	147,143 (6)
CENTRAL COAST	14	152 (7)	165,447 (7)	14	151 (7)	166,322 (7)
LOS ANGELES	14	139 (6)	178,978 (8)	14	149 (6)	177,371 (8)
NORTH COAST	15	177 (8)	163,946 (7)	15	178 (8)	164,351 (7)
NORTHERN	5	71 (3)	28,645 (2)	5	69 (3)	29,392 (2)
OAKLAND	2	24 (1)	13,800 (1)	2	25 (1)	14,892 (1)
SAC. JOAQUIN	18	197 (8)	227,848 (10)	19	201 (9)	230,227 (10)
SAN DIEGO	13	128 (6)	17 <b>3,923</b> (7)	13	127 (6)	16 <b>5,467</b> (7)
SAN FRANCISCO	2	17 (1)	17,039 (1)	2	16 (1)	18 <b>,583</b> (1)
SOUTHERN	36	583	804,868	38	583	795,676
TOTALS	130	1,590	1,918,742	133	1,606	1,909,424

() = number of weighted votes per category as per Bylaw 103

## Do's and Don'ts - Board Meetings & Technology

To ensure the CIF Sac-Joaquin Section Board of Managers conducts meetings with technology in compliance with both the spirit and the letter of the California Open Meeting Laws, CIF General Counsel offers the following admonitions:

- DO NOT conduct private electronic communication (e-mails, texts and/or instant messages) between board members during a noticed meeting. Such communications may be a violation of California's Open Meeting laws and could subject the involved board members to civil and potentially criminal penalties.
- DO NOT directly or indirectly communicate via electronic means with members of the public during the course of a public board meeting.
- DO NOT conduct personal business via electronic means during board meetings. Electronic (laptop, PC, and/or notepad) access to information during a board meeting should be strictly limited to that of the board meeting agendas and back up materials provided for the current meeting only.
- DO remember that unless privileged or otherwise exempt from disclosure under existing law, electronic access to and distribution of documents to at least a majority of board members either prior to or during a board meeting when the information is to be used in connection with a matter under consideration or discussion by the board could be found to be public records subject to disclosure.
- DO NOT disclose any confidential materials and/or information related to closed session agenda items via electronic means as such disclosure would likely be found unlawful and may subject the board member to potential civil and/or criminal penalties.





August 1, 2017

Contact: Rebecca Brutlag, Media Relations Officer rbrutlag@cifstate.org

California High School Sports Participation at All-Time High for Fifth Consecutive Year 785,357 Student-Athletes Participating Throughout the State

**SACRAMENTO, CALIF.** – High school sports participation continues to increase in California and is at an all-time high for the fifth consecutive year according to the 2017 California Interscholastic Federation (CIF) Sports Participation Survey. Up by 0.78% since the previous survey in 2016, 785,357 student-athletes are competing in education-based athletic programs in California.

"Winning and losing in education-based athletics cannot, and must not, be the defining moment for those participating in CIF sports," stated CIF Executive Director Roger L. Blake "With positive adult leadership on the fields and in the gymnasiums, this trend of increasing participating will continue as our students gain the valuable life-long lessons that can only be learned through participation in education-based athletics."

Along with the overall participation increase in high school athletics there were a few sports that saw noticeable increases across both genders. Lacrosse saw the largest percentage increase, a combined 7.40% or 1,245 more participants (12.44% or 940 increase for girls; 3.29% or 305 increase for boys), followed by cross country with a 4.91% increase or 2,688 more participants (1.95% or 490 increase for girls; 7.42% or 2,198 increase for boys). Additionally, girls' wrestling participation continues to increase, this year by 9.47% as 400 more girls are competing in the sport for 4,505 total participants as of 2017.

Football (11-player) continues to lead the top 10 boys' sports with 97,079 participants which decreased, by 3.12% (3,126 participants); interestingly 8-player football increased by 10.17% or 196 boys. Track and field (56,032) is the second most popular sport, which increased participation by 0.28% since 2016 followed by seccer (52,795); basketball (46,114) and baseball (43,913) rounding out the top five boys' sports. Additionally, for the third consecutive year, boys' volleyball participation increased and took over the ninth spot, surpassing tennis, with 19,676 participants.

For girls, soccer captured the top spot the second consecutive year with 47,139 participants (0.77% or 361 increase), followed by former top 10 leader track and field (46,276 participants for a 0.66% or 302 increase). Volleyball still trails a third (44,526), which increased participation by 2.54% since 2016, followed by basketball (34,222) and softball (33,265).

Also, the 2017 census gathered information regarding unified teams with 2,315 student-athletes currently participating in education-based athletics in California.

The CIF's 1,587-member schools participated in the survey as part of the National Federation of State High School Associations (NFHS) nationwide survey that measures the number of students competing in sports in the country.

A chart indicating results from the last nine participation surveys follows. Only CIF-approved sports are listed individually. Also, a summary of the top 10 sports by gender, based on participation numbers, can be located on subsequent pages.

– more –

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#### Page 2 – 2017 CIF Participation Census

#### **BOYS' PARTICIPATION BREAKDOWN**

CDODT	BOYS								
SPORT	2007	2009	2011	2012	2013	2014	2015	2016	2017
Badminton	3,512	4,036	3,987	3,924	3,585	3,604	3,651	3,958	3,820
Baseball	42,835	42,064	42,977	43,236	43,253	43,482	44,361	44,131	43,913
Basketball	44,722	42,521	43,176	43,989	43,766	44,097	44,809	45,685	46,114
Cross Country	25,790	26,766	29,580	29,130	29,583	29,987	29,415	29,632	31,830
Field Hockey	193	123	76	67	195	92	51	1	2
Football 11-player	107,916	104,224	103,921	103,088	102,505	103,464	103,725	100,205	97,079
Football 8-player	1,784	2,507	2,241	2,168	2,114	2,247	2,437	1,928	2,124
Golf	11,897	11,295	11,288	11,027	11,062	10,986	11,032	10,828	10,523
Gymnastics	37	79	75	62	36	36	57	13	14
Lacrosse	5,323	7,365	8,288	8,567	8,813	9,091	9,294	9,264	9,569
Skiing	761	671	707	616	564	595	596	428	474
Soccer	44,730	44,705	47,078	47,753	47,861	48,564	49,307	52,266	52,795
Softball	743	311	26	107	226	172	18	13	37
Swimming & Diving	18,852	21,518	22,586	22,339	22,971	23,075	23,393	21,971	22,004
Tennis	19,139	19,266	19,514	19,342	19,039	18,931	19,007	18,771	18,834
Track and Field	49,911	51,689	57,922	54,319	55,221	54,062	54,854	55,877	56,032
Volleyball	14,532	15,638	16,087	15,876	15,926	16,242	16,553	18,173	19,676
Water Polo	14,064	14,852	15,666	15,694	16,377	16,263	16,509	16,634	16,780
Wrestling	25,896	27,469	27,833	27,665	27,634	27,461	26,327	23,969	22,385
Other**	1,472	1,462	6,368	7,962	7,164	7,412	8,745	11,148	10,353
Total	437,592	438,561	453,037	448,971	450,729	452,452	455,396	453,747	454,005

Whenever a school provides only a team for boys in a particular sport, girls are permitted to qualify for the "student" team(s).

\*\*Note: As part of the NFHS survey, the CIF measures participation in all sports and activities. The above list does not comprise all sports/activities sponsored by schools and required in the NFHS survey.

Top 1	0 Boys Sports	Participants	Increase or Decrease (Since 2016)		
271. play	Football (11- er)	97,079	-3.12%		
272.	Track & Field	56,032	+0.28%		
273.	Soccer	52,795	+1.01%		
274.	Basketball	46,114	+0.94%		
275.	Baseball	43,913	-0.49%		
276.	Cross Country	31,830	+7.42%		
277.	Wrestling	22,385	-6.61%		
278. Divi	Swimming &	22,004	+0.15%		
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#### Page 3 – 2017 CIF Participation Census

#### **GIRLS' PARTICIPATION BREAKDOWN**

SPORT	GIRLS 2007	GIRLS 2009	GIRLS 2011	GIRLS 2012	GIRLS 2013	GIRLS 2014	GIRLS	GIRLS	GIRLS
Badminton	4,491	5,219	5,119	4,994	4,806	5,012	2015 5,049	2016 5,056	2017 5,005
Baseball	385	325	83	307	448	323	503	406	283
Basketball	34,991	32,980	32,839	35,133	33,411	33,443	33,988	34,386	34,222
Cross Country	20,873	21,901	23,651	23,758	24,362	25,192	24,775	25,110	25,600
Field Hockey	3,654	3,925	3,255	3,345	3,431	3,329	3,337	3,341	3,695
Football 11-player	149	141	179	273	232	252	237	333	420
Football 8 -player	15	46	73	44	22	48	29	47	38
Golf	6,652	7,017	7,022	6,918	6,985	6,951	7,161	7,531	8,044
Gymnastics	732	1,039	1,074	1,018	1,091	1,076	958	799	825
Lacrosse	3,154	4,956	5,108	5,432	5,736	6,039	6,571	7,555	8,495
Skiing	544	565	626	446	363	371	404	291	302
Soccer	40,895	41,727	42,720	43,391	43,282	43,820	44,809	46,778	47,139
Softball	31,306	31,801	32,816	32,659	32,097	32,238	32,904	33,366	33,265
Swimming & Diving	25,115	26,965	27,983	28,182	28,280	28,496	29,192	29,016	29,722
Tennis	21,818	22,908	22,460	22,527	22,210	22,270	22,704	22,585	23,077
Track and Field	38,817	41,736	44,625	43,727	44,200	44,567	45,433	45,974	46,276
Volleyball	36,499	38,920	39,122	40,471	40,271	40,751	41,783	43,423	44,526
Water Polo	13,482	13,871	14,040	14,239	14,418	14,393	14,655	15,407	15,913
Wrestling	1,142	1,493	1,910	2,016	2,099	2,286	2,771	4,105	4,505
Other**	684	631	11,863	32,234	32,052	33,130	37,318	40,610	46,686
Total	297,911	298,166	304,696	308,879	307,745	310,854	317,263	325,509	331,352

Whenever a school provides only a team for boys in a particular sport, girls are permitted to qualify for the "student" team(s).

\*\*Note: As part of the NFHS survey, the CIF measures participation in all sports and activities. The above list does not comprise all sports/activities sponsored by schools and required in the NFHS survey.

Тор	10 Girls Sports	Participants	Increase or Decrease (Since 2016)
271.	Soccer	47,139	+0.77%
272.	Track & Field	46,276	+0.66%
273.	Volleyball	44,526	+2.54%
274.	Basketball	34,222	-0.48%
275.	Softball	33,265	-0.30%
276. Divir	Swimming &	29,722	+2.43%
277.	Cross Country	25,600	+1.95%
278.	Tennis	23,077	+2.19%
279.	Water Polo	15,913	+3.28%
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## NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS



## **NEWS RELEASE**

## High School Sports Participation Increases for 28<sup>th</sup> Consecutive Year, Draws Close to Eight Million Mark

## FOR IMMEDIATE RELEASE

Contact: Bruce Howard

INDIANAPOLIS, IN (August 7, 2017) — Led by the largest one-year increase in girls participation in 16 years, the overall number of participants in high school sports increased for the 28<sup>th</sup> consecutive year in 2016-17, according to the annual High School Athletics Participation Survey conducted by the National Federation of State High School Associations (NFHS).

Based on figures from the 51 NFHS member state high school associations, which includes the District of Columbia, the number of participants in high school sports reached an all-time high of 7,963,535. The increase of 94,635 participants from 2015-16 is the largest one-year jump in overall participation since the 2008-09 school year.

Thanks to increases in all of the top 10 participatory sports, the number of girls participants reached an all-time high of 3,400,297. The increase of 75,971 from the previous year is the largest one-year jump since the 2000-01 sports participation report.

Competitive spirit registered the largest increase among girls sports with an additional 18,712 participants, followed by outdoor track and field (8,508), volleyball (8,470), soccer (6,810) and lacrosse (5,423).

"As we celebrate the 45<sup>th</sup> anniversary of Title IX this year, this report on girls participation numbers underscores the significance of that important decision in 1972," said Bob Gardner, NFHS executive director. "It is great to see an ever-increasing number of girls taking advantage of that opportunity to compete in high school sports."

Seven of the top 10 boys sports registered increases from the previous year, led by soccer (9,912), outdoor track and field (9,003), and cross country (8,580). Overall participation for boys in 2016-17 was 4,563,238, an increase of 18,664 from the previous year.

Participation in 11-player football was down 25,901 from the previous year, although the numbers in 6- and 8-player football were up from the 2015-16 season. The overall number of participants in football (6, 8, 9 and 11 player) in 2016-17 was 1,086,748, down 25,503 from the 1,112,251 in the 2015-16 season.

While the number of participants in high school football declined, the number of schools offering the sport increased by 52 schools in 11-player – from 14,047 to 14,099 – and by nine schools in 6-, 8- and 9-player – from 1,349 to 1,358.

With 14,099 high schools offering 11-player football, the decrease of 25,901 participants amounts to fewer than two individuals (1.8) per school, and an overall decrease of 2.5 percent.

Football remains the No. 1 participatory sport for boys at the high school level by a large margin. Track and field is second with 600,136 participants, followed by basketball (550,305), baseball (491,790) and soccer (450,234). "While we are concerned when any sport experiences a decline in participation, the numbers do not substantiate that schools are dropping the sport of football," Gardner said. "The NFHS and its member state high school associations have worked hard to reduce the risk of injury in high school football, and we are pleased at the continued strength of the sport across the country."

Amazingly, this year's survey indicated that more than 60 different sports were offered by high schools nationwide, from judo and kayaking, to fencing and rugby, to snowboarding and rodeo. Some of the more popular non-traditional high school sports were badminton (17,184), archery (9,767), crew (5,179) and fencing (4,100).

The top 10 states by participants remained the same; however, Florida moved ahead of Michigan to seventh position this year. Texas and California topped the list again with 834,558 and 800,364 participants, respectively, followed by New York (367,849), Illinois (341,387), Ohio (340,146), Pennsylvania (319,153), Florida (310,567), Michigan (295,647), New Jersey (283,655) and Minnesota (239,289).

The participation survey has been compiled since 1971 by the NFHS through numbers it receives from its member associations. The top 10 sports for boys and girls and the year-by-year participation totals are listed below. The complete 2016-17 High School Athletics Participation Survey is available at http://www.nfhs.org/ParticipationStatistics/ParticipationStatistics/

#### THE MOST POPULAR BOYS PROCEASIS

	fichaels			Participant	8
1.	Basketball	18,214	1	Football - 11-Player	1.057.407
2	Track and Field - Dutdcor	16,699	2.	Track and Field - Outdoor	600,136
3.	Basebal	15,979	3.	Baskethall	550,305
4.	Cross Country	15.087	4	Baseball	491,790
5	Football - 11-Player			Socces	
5.	Galf	14.099 13.223	5. 6.	Cross Country	450,234 266,271
7	Soccer	12,185	7.	Wrestling	244,804
8	Wresting	10.629	8	Tennis	158.171
9	Tensis	9,725	9.	Golf	141.466
10.	Swimming & Diving	7.342	10.	Swimming & Diving	133.364

#### YER MOST POPULAR CIELS PROGRAMS

	Scheels			Participants	
1.	Basketball	17,934	1	Track and Field - Outdoor	494,477
2	Track and Fisiti - Outdoor	16.658	2	Volleybali	444.779
3.	Volveyball	15,982	3.	Basketball	430.968
4	Softball - Fast Pitch	15,440 14,880	4.	Soccet	385,339
5.	Cross Country	14,880	5.	Softball - Fast Pitch	367,405
6.	Soccer	11,823	6.	Cross Country	226.039
7.	Tennis	10,121	7.	Swinzning & Diving	170,797
8.	Got	10.076	8.	Tennis	158.171
9.	Swimming & Divino	7,721	9.	Competitive Spirit Squads	144,243
9. 10.	Swimming & Diving Competitive Spirit Squads	7,721 6,541	10.	Lacrosse	83,473

## ATHLETICS PARTICIPATION SURVEY TOTALS

Year	Deys Perticipants	Girls Participants	Total	Year	Doys Participants	<b>likits</b> Participants	Total
1871-72 1872-72	3,666,917 3,770,621	294,015 817,073	3.960,932 4.587,694	1895-86 1896-87	3,634,052 3,706,225	2, <b>367,936</b> 2,474,043	6.001,988
1973-74	4,070,125	1,330,169	5.370.294	1887-88	3,769,120	2,570,333	6.333,453
1875-76 1977-78	4,109.021 4,367,442	1.645,039 2.083,040	5.754.060 6.450.482	1998-98 1999-08	3,892,352 3,861,749	2.852.726 2.675.874	6.465.078 6.537 623
1978-70	3,709,512	1.854,400	5.563.912	2000-01	3.921.059	2,784,154	6.705.223
1970-80	3,517,829 3,503,124	1.750,264 1.853,789	5,268.093 5.356.913	2001-02	3.960.517 3.958.738	2,806,998 2,856,358	6.767 515
1980-81 1981-82	3,409,081	1.810,671	5,219,752	2003-04	3,968,738 4,038,253	2,856,358 2,865,299	6.845.096 6.903.552
1962-83 1963-84	3,355,55B 3,303,593	1.779.972 1.747,346	5,135,530 5,050,945	2005-05	4,110,319 4,206,549	2,908,390 2,953,355	7.018,709 7.159,904
1984-85	3,354,284	1,757,884	5.112.168	2006-07	4,321,103	3,021,807	7,342,910
1985-85	3,344,275 3,364,082	1.807.121	5.151.396 5.200.438		4,372,115	3.057,265 3,114,091	7,429,381 7,536,753
1967-80	3,425,777	1.849,684	5.275.461	2009-15	4 455 740	3.172.637	7 678 377
1968-49 1968-49	3,416,844 3,398,192	1.839.352	5.256.196 5.256.851	1016-15	4,494,406 4,484,987	3,173,549 3,207,533	7,667,955 7,692,520
1990-61	3,406,355	1.892,316	5.298,671	1012-12	4,490,854	3,207,533 3,222,723	7,713,577
1991-62 1992-63	3,429,853 3,416,389	1.940,801	5.370.654 5.413.878	1913-14	4,527,994 4,519,312	3,267,664 3,287,735	7,795,658
1983-84	3,472,957	2,139,315	5.603.282	2015-16	4,544,574	3.324.326	7,868,900
1294-65	3,536,359	2.240,461	5.776.820	2816-17	4,563,238	3,400,297	7,953,535

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#### About the National Federation of State High School Associations (NFH5)

The NFHS, based in Indianapolis, Indiana, is the national leadership organization for high school sports and performing arts activities. Since 1920, the NFHS has led the development of education-based interscholastic sports and performing arts activities that help students succeed in their lives. The NFHS sets direction for the future by building awareness and support, improving the participation experience, establishing consistent standards and rules for competition, and helping those who oversee high school sports and activities. The NFHS writes playing rules for 17 sports for boys and girls at the high school level. Through its 50 member state associations and the District of Columbia, the NFHS reaches more than 19,000 high schools and 11 million participants in high school activity programs, including more than 7.9 million in high school sports. As the recognized national authority on interscholastic activity programs, the NFHS conducts national meetings; sanctions interstate events; offers online publications and services for high school coaches and officials; sponsors professional organizations for high school coaches, officials, speech and debate coaches, and music adjudicators; serves as the national source for interscholastic coach training; and serves as a national information resource of interscholastic athletics and activities. For more information, visit the NFHS website at <u>www.nfhs.org</u>.

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# Safety review marks beginning of football practice

San Diego Union August 4, 2017 John Maffei

The days of legendary football coach Bear Bryant's "Junction Boys" — three-a-day practices in searing heat without fluid breaks — are a thing of the past.

Safety is the key for today's players. With heat and humidity spiking up around the county this week, San Diego Section Commissioner Jerry Schniepp tried to emphasize that stance "As you prepare for the school year while your teams are practicing for the start of the season, we all need to be very cognizant of various health and safety related issues and have proper procedures and policies in place to handle them," Schniepp said in an email to coaches and administrators.

Schniepp provided links to <u>California Interscholastic Federation</u> resources available online to coaches, players, parents and fans at cifstate.org. Among the highlights:

Water breaks should be given at least every 30-45 minutes and should be long enough to allow athletes to ingest adequate volumes of fluid.

Wear lightweight synthetic clothing to aid heat loss.

Avoid drinks containing stimulants such as ephedrine or high doses of caffeine.

Alteration of practice plans in extreme environmental conditions.

Concussions continue to be an issue from youth football to the NFL.

Nationwide data show that many catastrophic head injuries are a result of injured athletes returning to play too soon, not having fully recovered from the first head injury. The Centers for Disease Control reports that approximately three million sports and recreational concussions occur every year.

California law mandates that all athletes must navigate a concussion protocol before returning to play. Coaches must receive training on concussions, which can be fulfilled by an online course available through the <u>National Federation of State High School Associations</u>.

Additionally, state law mandates that an information sheet on concussions and head injuries shall be signed and returned by the athlete and the athlete's parent or guardian before the athlete begins practice or competition.

The San Diego Section is a state leader in identifying student-athletes at risk for sudden cardiac arrest (SCA). Free screening provided by the Eric Paredes Save A Life Foundation has detected hundreds of cardiac abnormalities and athletes at risk for SCA.

Symptoms include dizziness, shortness of breath, difficulty breathing, racing or fluttering heartbeat, fainting, nausea and chest pains.

"We want the parents of all our athletes to know that we have the best interest of their son or daughter at heart," Schniepp said.

#### PLAYING IT SAFE

Practice for high school fall sports has begun. The California Interscholastic Federation provides detailed health and safety checklists for five key topics online at <u>cifstate.org</u>

Heat illness Hydration Sudden cardiac arrest Concussions Emergency action plan NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS



## **NEWS RELEASE**

## NFHS Responds to Korey Stringer Institute Ranking of High School Associations Regarding Managing Injury Risk

## FOR IMMEDIATE RELEASE

**Contact: Bruce Howard** 

INDIANAPOLIS, IN (August 8, 2017) — In response to the Korey Stringer Institute's ranking of state high school associations in the area of managing injury risk to high school student-athletes, NFHS Executive Director Bob Gardner has released the following statement and accompanying support information.

## NFHS STATEMENT ON MANAGING INJURY RISK IN HIGH SCHOOL SPORTS

In order to provide the safest and most enjoyable experience for the 7.9 million participants in high school sports, it takes a concerted effort on the part of every organization connected to interscholastic athletics.

For a number of years, the NFHS and its member state associations have worked cooperatively with organizations such as the National Athletic Trainers' Association (NATA) and the Korey Stringer Institute (KSI) to provide as much information as possible for the nation's 19,000-plus high schools regarding heat illness awareness and prevention, as well as other safety issues related to the heart and head injuries.

Unfortunately, the Korey Stringer Institute has proclaimed itself as judge and jury of heat-illness prevention and other safety issues by ranking the 51 NFHS-member state high school associations – these very associations that have been promoting risk-minimization precautions in their schools' athletic programs for many more years than the seven-year existence of the KSI.

The overall safety of student-athletes competing in high school sports is a key objective of the NFHS and all 51 state associations. Information on precautions related to heat and head issues is regularly shared with schools across the country. While the 19,000 high schools range in size from 50 students to 5,000, there has never been a time that coaches, athletic directors and school administrators were more focused on risk minimization.

Very simply, a review of state association websites, such as the one employed by KSI, is an incomplete measurement of the efforts employed by states to assist their member schools with heat, heart and head issues. Providing more research data, as well as funds to enact more prevention programs, would be much more useful than giving grades to these associations.

For the past three years, the state high school associations have attended annual sports medicine meetings with KSI, the American Medical Society for Sports Medicine, and the National Athletic Trainers' Association. The meetings have been entitled "Collaborative Solutions," and they have been intended as an opportunity to share ideas about heat illness, cardiac problems and head injuries. The participating organizations have worked together, and the nation's young athletes have benefited. Now, KSI has utilized a new approach. By "grading" state high school associations based on a limited number of criteria, KSI has chosen to shine a light on certain areas, but it has left others in the dark. Thus, the information provided today gave an incomplete view. The full picture is much more positive. In fact, the state high school associations, and their respective sports medicine committees, post guidelines, speak at seminars, give warnings and alerts, and otherwise promote the health and well-being of young people. Certainly, there is room for improvement, and the American educational system will continue to be resourcechallenged. Schools will need more funding, more defibrillators, more athletic trainers and more constructive legislation. With the assistance of everyone who cares about young athletes, including KSI, we can keep getting better.

The NFHS and its 51 member state associations are disappointed that KSI is, in essence, criticizing many states in this area rather than continuing to work with these groups in a collaborative relationship.

Protecting the health and safety of our nation's high school studentathletes is an ongoing focus of all NFHS state associations. Following are some of the numerous initiatives undertaken by the NFHS in conjunction with its member state associations in the area of managing risk for the 7.9 million participants in high school sports.

#### **HEAT ISSUES**

Through the NFHS Learning Center at <u>www.NFHSLearn.com</u>, the NFHS offers a free course titled Heat Illness Prevention at <u>https://nfhslearn.com/courses/34000/heat-illness-prevention</u> as well as its core course First Aid, Health and Safety at <u>https://nfhslearn.com/courses/26/first-aid-health-and-safety</u>, which was developed with its partner, the American Red Cross.

In addition, the NFHS Sports Medicine Advisory Committee provides state associations and its member schools additional heat-related guidelines on the sports medicine page of its website at <u>http://www.nfhs.org/resources/sportsmedicine/</u> as well as the NFHS Heat Acclimatization and Heat Illness Prevention Position Statement at <u>https://www.nfhs.org/media/1015653/heat-</u> <u>acclimatization-and-heat-illness-prevention-position-statement-2015.pdf</u> and the NFHS Position Statement and Recommendations for Maintaining Hydration to Optimize Performance and Minimize the Risk for Exertional Heat Illness at <u>http://www.nfhs.org/media/1014751/nfhs\_smac\_hydration\_position\_statement</u> october 2014.pdf.

The cover story of the May 2017 issue of High School Today – "Dangers of Heat Illness Reduced by Following Proper Guidelines" by David Csillan – offered some tremendous resources: <u>http://www.nfhs.org/articles/dangers-of-heat-illness-reduced-by-following-proper-guidelines/</u>.

#### HEART ISSUES

In 2015, the NFHS provided the "Anyone Can Save a Life" emergency action plan toolkit originally developed by the Minnesota State High School League to member state associations for distribution to the nation's schools. Through this program, schools have activated Emergency Action Plans, including the use of Automated External Defibrillators (AEDs). More information on the "Anyone Can Save a Life" program is available at <u>http://www.anyonecansavealife.org/</u>.

The NFHS also offers its free course on Sudden Cardiac Arrest at <u>https://nfhslearn.com/courses/61032/sudden-cardiac-arrest</u>, which was developed with its partner, Simon's Fund.

#### **HEAD ISSUES**

 2005-present – Through the National High School Sports-Related Injury Surveillance System (High School RIO) <u>http://www.ucdenver.edu/academics/colleges/PublicHealth/research/Research/Research/Research/Research/Projects/piper/projects/RIO/Pages/default.aspx</u> and Dr. Dawn Comstock, the NFHS and its member associations have used comprehensive injury data as a resource in the rules-writing process to reduce risk of future injuries. High School RIO is a sports-injury surveillance system that has accumulated data from a large national sample of high schools annually since 2005-06. Since that time, High School RIO has captured information on nearly 80,000 injuries sustained during more than 40 million athlete exposures. The NFHS Sports Medicine Advisory Committee and individual NFHS rules committees use data from High School RIO to better understand which athletes are at risk of injury during various types of sports activities. As a result, evidence-based decisions can be made to limit risk. High School RIO data is used to monitor injury rates over time, to identify new concerns and to evaluate the effectiveness of rules changes.

- Data from High School RIO during the 2015-16 season indicated that attempts by the NFHS and its member state associations to reduce the risk of head trauma and concussions in football have proven effective. Surveys from 2015-16 indicated that the rate of concussions during practice dropped below 5.0 per 1,000 athletic exposures (to 4.77) for the first time since 2010-11. Also, a 2015 study by the University of Wisconsin, Madison, revealed that the rate of concussions was reduced by more than 50 percent from the previous two seasons. These studies came on the heels of the 2014 NFHS Concussion Summit Task Force, which recommended that state associations adopt plans for limiting contact during football practices.
- In addition, The National Center for Catastrophic Sport Injury Research (NCCSIR) seeks to enhance the understanding of sports-related catastrophic injuries, illnesses and fatalities through active surveillance and research, with a focus on head/neck injuries, commotio cordis injuries, fatal/nearfatal cardiac conditions and fatal/near-fatal heat-related conditions. NCCSIR is committed to providing timely and useful information to the NFHS, its member state associations and high schools. The development of an online portal in 2015 enables state high school associations and their member

schools to report the basic details surrounding catastrophic sports events (<u>www.sportinjuryreport.org</u>). Ongoing, active surveillance to monitor the incidence of catastrophic injuries, illnesses and fatalities is critical to identify areas for prevention and further study. Continued and improved efforts for detailed information and record-gathering is also critical to prevention.

- 2008 The NFHS Sports Medicine Advisory Committee advocated that a concussed athlete must be removed from play and not allowed to play on the same day.
- 2009-present All NFHS rules publications have contained guidelines for management of a student exhibiting signs, symptoms or behaviors consistent with a concussion. Such player shall be immediately removed from the contest and shall not return to play until cleared by an appropriate health-care professional.
- 2010 The NFHS developed its "Concussion in Sport" online course at <a href="https://nfhslearn.com/courses/61064/concussion-in-sports">https://nfhslearn.com/courses/61064/concussion-in-sports</a>. In addition, a related course specifically for high school students "Concussion for Students" is available at <a href="https://nfhslearn.com/courses/61059/concussion-for-students">https://nfhslearn.com/courses/61059/concussion-for-students</a>. More than three million courses have been taken since that time. In addition, a recent study indicated individuals who took the free course demonstrated a 40-percent higher level of understanding of concussions as compared to their pre-course knowledge base.
- 2010-present The "Suggested Guidelines for Management of Concussion" have been published in all NFHS rules books. That statement is available at http://www.nfhs.org/media/1018446/suggested\_guidelines\_managemen t\_concussion\_april\_2017.pdf.

- 2011 A six-page section on Concussions was added to the fourth edition of the NFHS Sports Medicine Handbook, which was distributed free to all high schools in the country.
- 2011-2012 The NFHS Football Rules Committee adopted "Concussions Related to Proper Use of the Helmet" as a Point of Emphasis.
- 2014 The NFHS Concussion Summit Task Force met in Indianapolis and adopted recommendations for reducing the amount of full contact in practices. State associations crafted their own policies based on these recommendations for implementation in the 2015 football season.
- 2014 By January 2014, all state governments had enacted concussion laws which established mandatory protocols.
- 2014 The NFHS Football Rules Committee adopted a definition and penalty for targeting aimed at preventing players from hitting an opponent – primarily with the helmet – above the shoulders.
- The NFHS Sports Medicine Advisory Committee, which is composed of six medical experts, three certified athletic trainers, four administrators from state high school associations, as well as one high school coach and one official, has been invaluable in providing important information for NFHS rules committees and state association sports medicine committees in writing rules that minimize risk of injury for high school student-athletes. All member state associations have sports medicine committees that work with schools in their states to minimize risk of injury to student-athletes.

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#### About the National Federation of State High School Associations (NFHS)

The NFHS, based in Indianapolis, Indiana, is the national leadership organization for high school sports and performing arts activities. Since 1920, the NFHS has led the development of education-based interscholastic sports and performing arts activities that help students succeed in their lives. The NFHS sets direction for the future by building awareness and support, improving the participation experience, establishing consistent standards and rules for competition, and helping those who oversee high school sports and activities. The NFHS writes playing rules for 17 sports for boys and girls at the high school level. Through its 50 member state associations and the District of Columbia, the NFHS reaches more than 19,000 high schools and 11 million participants in high school activity programs, including more than 7.9 million in high school sports. As the recognized national authority on interscholastic activity programs, the NFHS conducts national meetings; sanctions interstate events; offers online publications and services for high school coaches and officials; sponsors professional organizations for high school coaches, officials, speech and debate coaches, and music adjudicators; serves as the national source for interscholastic coach training; and serves as a national information resource of interscholastic athletics and activities. For more information, visit the NFHS website at www.nfhs.org.

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# CALIFORNIA INTERSCHOLASTIC FEDERATION

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August 8, 2017

## CIF Response to Korey Stringer Institute 2017 Sports Safety Policy Rankings for California High Schools

California Interscholastic Federation (CIF) Sports Medicine Bulletin August 2017

## **CIF STATEMENT**

#### CIF Executive Director Roger L. Blake

Minimizing risk and reducing injuries of California's student-athletes is paramount, not only to the CIF, but to our 1,587-member high schools and to our 70,000 coaches in California. The Korey Stringer Institute (KSI) has chosen to shine a light on certain areas, but it has left others in the dark. Thus, the information provided today presented an inaccurate and incomplete assessment of what is occurring throughout California.

The comprehensive picture is much more positive. Along with the CIF Sports Medicine Advisory Committee, the CIF continues to work with the National Federation of High School Associations, the National Athletic Trainers' Association (NATA), the Center for Disease Control and Prevention (CDC), Practice Like Pro's, USA Football and KSI to provide as much information as possible to California schools. KSI's review of California's website and Bylaws is an incomplete measurement of CIF's and especially our member high schools' efforts at the local level to minimize risk and reduce injuries.

While the CIF continues to evolve its protocols to best reflect the most recent advances in sports medical science, our educational system continues to be resource-challenged. Certainly, there is room for improvement. CIF member schools will need more funding, more AEDs, more athletic trainers and more research to help support our efforts to minimizing risk. With the assistance of everyone who cares about young athletes, including KSI, we can continue to progress.

The health and safety of California's student-athletes has been and remains CIF's top priority. The following are some of CIF's numerous initiatives it has shared with California High Schools.

### **CIF SPORTS MEDICINE ADVISORY COMMITTEE (SMAC)**

The CIF Sports Medicine Advisory Committee (SMAC) was founded in 1996 to assist the CIF in enhancing and promoting the health and safety of California's high school athletes. The CIF SMAC is comprised of 20 of the most preeminent Sports Medicine physicians, certified athletic trainers and health care providers in the state. The CIF SMAC investigates numerous issues, rules, and situations and considers their potential medical risks to athletes and makes recommendations to the CIF to help minimize risks and reduce injuries.

- more -

AN EQUAL OPPORTUNITY ORGANIZATION IN MEMBER NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS



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For 21 years, the CIF SMAC has led our efforts to be at the forefront of policy changes to best reflect the everevolving field in medical science in sports. The work of the CIF SMAC has led to changes in policies, requirements and recommendations including but not limited to: coaching education, steroids, preparticipation physical exams, concussion care, sudden cardiac arrest, heat related illness, reducing in practice times, reductions in full contact in football, pitching limitations in baseball and emergency action planning. The CIF website has a wealth of the most recent sports medicine information, authored by the CIF SMAC for FREE distribution to CIF member schools, participating student-athletes and their families. This effort reflects the mission of the CIF SMAC for the past 21 years, enhance and promote the health and safety of the students of California.

CIF Sports Medicine Handbook: <u>http://www.cifstate.org/sports-</u> medicine/handbook/Sports Med Handbook March 30 2011.pdf

## HEAT RELATED ISSUES

Heat Illness (<u>http://www.cifstate.org/sports-medicine/heat\_illness/index</u>): A proper acclimation plan is essential to minimize the risk of exertional heat illness during the early season practice period. Gradually increasing athletes' exposure to the duration and intensity of physical activity and to the environment minimizes heat-illness risk while improving athletic performance. California has a wide range of environmental factors (beaches, mountains, deserts) that face schools and student-athletes and the acclimation period is vital to minimize the risk.

- Adequate Hydration (<u>http://www.cifstate.org/sports-medicine/hydration/index</u>)
- Gradual Acclimatization
- Hydrations Status Record Keeping
- Additional Prevention Measures
- Resources
  - o FREE Course A Guide to Heat Acclimatization and Heat Illness Prevention
  - o NFHS High School Today: Preventing Heat Illness Must Be No. 1 Priority
  - o Prevention of Heat Illness
  - o NFHS Position on Heat Illness
  - o ID and Treatment of Heat Illness
  - o Facts About Heat Stress and Athletic Participation
  - o 108°: Critical Response

- more -

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#### Additional Heat Related Information from NFHS

Through the NFHS Learning Center at <u>www.NFHSLearn.com</u>, the NFHS offers a free course titled Heat Illness Prevention at <u>https://nfhslearn.com/courses/34000/heat-illness-prevention</u> as well as its core course First Aid, Health and Safety at <u>https://nfhslearn.com/courses/26/first-aid-health-and-safety</u>, which was developed with its partner, the American Red Cross.

In addition, the NFHS Sports Medicine Advisory Committee provides state associations and its member schools additional heat-related guidelines on the sports medicine page of its website at <a href="http://www.nfhs.org/resources/sports-medicine/">http://www.nfhs.org/resources/sports-medicine/</a> as well as the NFHS Heat Acclimatization and Heat Illness Prevention Position Statement at <a href="https://www.nfhs.org/media/1015653/heat-acclimatization-and-heat-illness-prevention-position-statement-2015.pdf">https://www.nfhs.org/media/1015653/heat-acclimatization-and-heat-Illness</a> Prevention Position Statement at <a href="https://www.nfhs.org/media/1015653/heat-acclimatization-and-heat-illness-prevention-position-statement-2015.pdf">https://www.nfhs.org/media/1015653/heat-acclimatization-and-heat-Illness-prevention-position-statement-2015.pdf</a> and the NFHS Position Statement and Recommendations for Maintaining Hydration to Optimize Performance and Minimize the Risk for Exertional Heat Illness at <a href="http://www.nfhs.org/media/1014751/nfhs">http://www.nfhs.org/media/1014751/nfhs</a> smac hydration position statement october 2014.pdf.

The cover story of the May 2017 issue of High School Today – "Dangers of Heat Illness Reduced by Following Proper Guidelines" by David Csillan – offered some tremendous resources: <u>http://www.nfhs.org/articles/dangers-of-heat-illness-reduced-by-following-proper-guidelines/</u>.

### **HEART ISSUES**

In 2015 the CIF partnered with the Eric Paredes Save A Life Foundation to enact new training and education protocol on Sudden Cardiac Arrest (SCA) prevention to help protect California's youth from the number one killer of student-athletes.

Sudden Cardiac Arrest (SCA) http://www.cifstate.org/sports-medicine/sca/index

- What is SCA?
- Symptoms
- Time Critical
- Are there warning signs?
- Resources
  - o NFHS Sudden Cardiac Arrest Course (Free)
  - o SCA Flyer in English and Spanish
  - o SAC Fact Sheet in English and Spanish
  - o SCA Risks and Symptoms

- more -

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# CALIFORNIA INTERSCHOLASTIC FEDERATION

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- o SCA Frequently Asked Questions
- o Cardiac Chain of Survival
- o <u>SCA Testimonials</u>
- o SCA Parent/Student Review Form in English and Spanish
- o <u>A Parents Guide to Sudden Cardiac Arrest (Video)</u>
- o Informational Videos
- o Eric Paredes Save a Life Foundation

#### Additional Heart - Related Information from NFHS

In 2015, the NFHS provided the "Anyone Can Save a Life" emergency action plan toolkit originally developed by the Minnesota State High School League to member state associations for distribution to the nation's schools. Activation of schools' Emergency Action Plans, including the use of Automated External Defibrillators (AEDs), is in order as the new school year begins. More information on the "Anyone Can Save a Life" program is available at <u>http://www.anyonecansavealife.org/</u>.

#### The NFHS also offers its free course on Sudden Cardiac Arrest at

https://nfhslearn.com/courses/61032/sudden-cardiac-arrest, which was developed with its partner, Simon's Fund.

#### **HEAD ISSUES**

Concussions – Nationwide data continues to show that many catastrophic head injuries are a direct result of injured athletes returning to play too soon, not having fully recovered from the first head injury. California law mandates that all coaches must receive training on concussions. Free online course: https://nfhslearn.com/courses/61064/concussion-in-sports

Additionally, California law mandates that all CIF member schools must comply with the following: On a yearly basis, a concussion and head injury information sheet shall be signed and returned by the athlete and the athlete's parent or guardian before the athlete's initiating practice or competition.

Below are links to documents from the CIF Sports Medicine Advisory Committee (SMAC) that schools/districts may use to meet this mandate which informs parents and students on concussion signs and symptoms.

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- CIF Concussion Information Sheet in English and Spanish
- CIF Acute Concussion Notification Form for Parents/Guardians in English and Spanish
- <u>CIF Graded Concussion Symptom Checklist Form</u>
- Physician Letter to School Form
- Return to Learn (RTL)
  - o CIF Concussion RTL Protocol Form in English and Spanish
  - o CIF Physician (MD/DO) Recommended School Accommodations Following Concussion Form
- Return to Practice and Play (RTP)
  - o <u>CIF Concussion RTP Protocol Form</u>
  - o <u>Concussion RTP (Video)</u>
- Additional Resources
  - o <u>Play it Safer</u>
  - o NFHS SMAC Position Statement Soft Helmets
  - o <u>Coaches Resources</u>
  - o Licensed Health Care Providers Resources
  - o <u>School Resources</u>
  - o Student and Parent/Guardian Resources
  - o REAP Concussion Management Program (NFHS website) / Spanish Version
  - o <u>TeamUpDay.org</u>

#### Additional Head Related Information from NFHS

 2005-present – Through the National High School Sports-Related Injury Surveillance System (High School RIO)

http://www.ucdenver.edu/academics/colleges/PublicHealth/research/ResearchProjects/piper/project s/RIO/Pages/default.aspx and Dr. Dawn Comstock, the NFHS and its member associations have used comprehensive injury data as a resource in the rules-writing process to reduce risk of future injuries. High School RIO is a sports-injury surveillance system that has accumulated data from a large national sample of high schools annually since 2005-06. Since that time, High School RIO has captured information on nearly 80,000 injuries sustained during more than 40 million athlete exposures. The NFHS Sports Medicine Advisory Committee and individual NFHS rules committees use data from High School RIO to better understand which athletes are at risk of injury during various types of sports activities. As a result, evidence-based decisions can be made to limit risk. High School RIO data is used to monitor injury rates over time, to identify new concerns and to evaluate the effectiveness of rules changes.

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- Data from High School RIO during the 2015-16 season indicated that attempts by the NFHS and its member state associations to reduce the risk of head trauma and concussions in football have proven effective. Surveys from 2015-16 indicated that the rate of concussions during practice dropped below 5.0 per 1,000 athletic exposures (to 4.77) for the first time since 2010-11. Also, a 2015 study by the University of Wisconsin, Madison, revealed that the rate of concussions was reduced by more than 50 percent from the previous two seasons. These studies came on the heels of the 2014 NFHS Concussion Summit Task Force, which recommended that state associations adopt plans for limiting contact during football practices.
- In addition, The National Center for Catastrophic Sport Injury Research (NCCSIR) seeks to enhance the understanding of sports-related catastrophic injuries, illnesses and fatalities through active surveillance and research, with a focus on head/neck injuries, commotio cordis injuries, fatal/near-fatal cardiac conditions and fatal/near-fatal heat-related conditions. NCCSIR is committed to providing timely and useful information to the NFHS, its member state associations and high schools. The development of an online portal in 2015 enables state high school associations and their member schools to report the basic details surrounding catastrophic sports events (<u>www.sportinjuryreport.org</u>). Ongoing, active surveillance to monitor the incidence of catastrophic injuries, illnesses and fatalities is critical to identify areas for prevention and further study. Continued and improved efforts for detailed information and record-gathering is also critical to prevention.
- 2008 The NFHS Sports Medicine Advisory Committee advocated that a concussed athlete must be removed from play and not allowed to play on the same day.
- 2009-present All NFHS rules publications have contained guidelines for management of a student exhibiting signs, symptoms or behaviors consistent with a concussion. Such player shall be immediately removed from the contest and shall not return to play until cleared by an appropriate health-care professional.
- 2010 The NFHS developed its "Concussion in Sport" online course at <u>https://nfhslearn.com/courses/61064/concussion-in-sports</u>. In addition, a related course specifically for high school students – "Concussion for Students" – is available at <u>https://nfhslearn.com/courses/61059/concussion-for-students</u>. More than three million courses have been taken since that time. In addition, a recent study indicated individuals who took the free course demonstrated a 40-percent higher level of understanding of concussions as compared to their precourse knowledge base.
- 2010-present The "Suggested Guidelines for Management of Concussion" have been published in all NFHS rules books. That statement is available at <u>http://www.nfhs.org/media/1018446/suggested\_guidelines\_management\_concussion\_april\_2017.p</u> <u>df</u>.
- 2011 A six-page section on Concussions was added to the fourth edition of the NFHS Sports Medicine Handbook, which was distributed free to all high schools in the country.

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- 2011-2012 The NFHS Football Rules Committee adopted "Concussions Related to Proper Use of the Helmet" as a Point of Emphasis.
- 2014 The NFHS Concussion Summit Task Force met in Indianapolis and adopted recommendations for reducing the amount of full contact in practices. State associations crafted their own policies based on these recommendations for implementation in the 2015 football season.
- 2014 By January 2014, all state governments had enacted concussion laws which established mandatory protocols.
- 2014 The NFHS Football Rules Committee adopted a definition and penalty for targeting aimed at preventing players from hitting an opponent primarily with the helmet above the shoulders.
- The NFHS Sports Medicine Advisory Committee, which is composed of six medical experts, three certified athletic trainers, four administrators from state high school associations, as well as one high school coach and one official, has been invaluable in providing important information for NFHS rules committees and state association sports medicine committees in writing rules that minimize risk of injury for high school student-athletes. All member state associations have sports medicine committees that work with schools in their states to minimize risk of injury to student-athletes.

### **EMERGENCY ACTION PLAN INFORMATION**

#### http://www.cifstate.org/sports-medicine/emergency\_action\_plan/index

In the fall of 2015, the CIF distributed hard copies of **Anyone Can Save A Life** resource guide to all CIF member schools. This national program is a first-of-its kind Emergency Action Plan (EAP) for after-school practices and events. It is designed to provide a coordinated response to every emergency, including sudden cardiac arrest (SCA) regardless of location on campus or off campus. By implementing **Anyone Can Save A Life** – establishing response teams is empowering your school and student body to be part of a coordinated response necessary to ensure the best possible outcome and you are preparing your school community to respond immediately to get the help that is needed.

This guide will walk you through the steps necessary to implement **Anyone Can Save A Life** in your school. It provides resources to put an EAP in place, train staff and educate students and parents. Electronic copies are available to download for free by clicking on the link above.

Resources (available for download at http://www.cifstate.org/sports-medicine/emergency\_action\_plan/index

- CIF Event Emergency Guidelines
- Athletic Department Emergency Action Plan
- CIF Game and Crowd Management Guidelines

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## ABOUT THE CALIFORNIA INTERSCHOLASTIC FEDERATION

The California Interscholastic Federation (CIF) was created in 1914 and is the governing body for high school sports in the state of California. CIF is uniquely positioned to foster student growth in values and ethics. CIF's ideal of "Pursuing Victory with Honor," provides the opportunity to influence the actions of the athletic community. CIF strives to promote equity, quality, character and academic development. CIF is a nonprofit federation and the state office, located in Sacramento, Calif., represents the interests of its member Sections. The 10 Sections represent geographic regions within the state: Central, Central Coast, Los Angeles City, North Coast, Northern, Oakland, Sac-Joaquin, San Diego, San Francisco and Southern. CIF represents 1,587 public and private member schools and more than 831,000 student-athletes. CIF conducts Regional and State Championships in badminton, cross country, football, volleyball, tennis, wrestling, basketball, soccer, swimming & diving, track & field, golf and water polo. CIF Sections conduct championships in more than 22 sports.

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