

## **ARTICLE TWELVE VOLLEYBALL**

12.1 Volleyball will be played based on section mandated league dates.

- Frosh 4:30pm
- JV 5:30pm
- Varsity 6:30pm

12.1-1 Each school will play the schools two (2) times.

12.2 Starting practice date will follow the Sac-Joaquin Section guidelines.

12.3 WARMUPS: Minimum times allowed for Frosh, JV and Varsity matches will be: five (5) minutes shared, six (6) minutes for serving team, and six (6) minutes for receiving team. Any changes in warm-up times must be by mutual agreement.

12.4 Teams are limited to twenty-eight (28) contacts per season (Sac-Joaquin Section Rule 1206. The definition of a tournament and game count is defined in Sac Joaquin Section by-law 1206.

12.5 All schools will use official net and balls as defined by the CIF rulebook.

12.6 Prior to league play, varsity rosters will be sent to all schools and posted on maxpreps.com.

12.7 The three-ball system will be used during varsity matches. Home court is responsible for seeing this is done properly.

12.8 There will be two officials as provided by our local officials' association or if necessary, by the Section Commissioner of Officials. Each school will provide a linesman for junior varsity and varsity games.

### **12.9 COMPETITION:**

12.9-1 CIF rules will govern play.

12.9-2 Games will be played to twenty-five (25) points using rally scoring and not times. The deciding game will be played to fifteen points (15).

12.9-3 Frosh and JV teams will play best of three (3) games and the varsity will play best of five (5) games.

12.9-4 Coaches will post schedules, prior to league competition, on maxpreps.com.

12.9-5 Coaches will report accurate win /loss results for both league and non-league matches on maxpreps.com.

12.9-6 Coaches are recommended to report league results to their local newspapers.

12.10 Section playoff representatives will be determined by Section rules.

12.11 Schedules, rosters and W/L must be posted on MaxPreps.

**12.12 ALL League Awards**

All-League players, for MEL Sports, will be selected by a process approved by the Board of Managers (BOM) and conducted by the Athletic Director in charge of each sport.

12.13 The all-league meeting will be held on the first day following the conclusion of league play at an agreed upon location.

**Last Revision:** August 28th, 2025